	January-2024												
Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks					
Date				2/1/24 (Tuesday)								
Topic (type)													
Room allotment				Induction									
DCo				Programme									
PGs													

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date			3/1/24(We	dnesday)				
Topic (type)	Ex (T) Introduction to Exercise therapy Recommended books: Therapeutic exercise – Carolyn Kisner, Therapeutic exercise – William D Bandy, Barbara Sanders ,P.No: 2 – 9 Reference	Microbiology	Ex (T) Measurements of Vital parameters Recommended books: Physical Rehabilitation O'Sullivan,chapter 3 page no :30-83 Exercise Physiology – Katch&Katch (2nd edition)page no:518,519	Ex (P) Vitals	El (T) Introduction to Physics-Static electricity, production of electrical charges and its characteristics Recommended books: Electrothera py Evidence based practice — Shiela kitchen 11th edition Pg no-9-11	Physiopedia- Vitals	Physical education	Submit the course certificate to Suvarna

	books: Therapeutic exercise — Carrie M. Hall- P No :1 —4, 2nd edition Therapeutic exercise treatment planning for progression, Frances E Huber.			Applied Electronics, R.S Sedha – pg 19-24 Principles of Electronics V.K Mehta. Pg 1- 4		
Room allotment	LH 2		Ex lab & El lab	LH 2	LH 2	
Faculty	Bhavithra	Bhavithra	Bhavithra	Vijay	Bhavithra	Mahendra
PGs			Vrushali			
			Shradha			
			Alisha			

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date				4/1/24(Thursda	y)		l	
Topic (type)	Ex (T) Starting Positions – Fundamental positions & derived Positions, Planning of Treatment Recommended books :		Physiopedia- Posture	Pathology	Pharmacolog	ÿy		Submit the course certificate to Suvarna
	Therapeut Carolyn Ki Therapeut William D Sanders ,F Reference Therapeut Carrie M. I 2nd edition Therapeut treatment	ic exercise – sner, ic exercise – Bandy, Barbara P.No: 2 – 9 books: ic exercise – Hall- P No: 1 –4,						
Room allotment		LH 2	LH 3	LH 2	MC			
Faculty	E	Bhavithra	Bhavithra					
PGs								

Time	9-10		10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date					5/1/24	(Friday)			
Topic (type)	El (T) Basics physics Current series parallel	of in and	electricity, re law Conductor, s and insulato Recommen Claytons Ele	sesistance, ohms semiconductor, rs ded books: ectro therapy, ster, Nigel 9th 4	Pathology	First Aid and nursing	Ex (P) Posture, obsinterview	ervation and	
Room allotment	LH 2						Ex lab & E	l lab	
Faculty	Vijay						Bha	vithra	
PGs							Vrushali, Shrad	lha, Alisha	

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date			L	6/1/24(Saturday	y)		I	
Topic (type)				Fresher's Day				
Room allotment								
Faculty								
PGs								

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date		<u> </u>		I				
Topic (type)	Ex (T) Anthropometric Measurements Recommended books: Body space – P.No:15-30, 2nd edition Physiological assessment of human fitness: First Edition: Peter J Maud/ Carl Foster: 174-185 Reference	Microbiology	Ex (P) True limb lengtlimb length, se length, function girth measuren caliper, BCA, E ratio, chest me	gmental limb nal limb length, nent, vernier BMI, waist-hip	Constitutio		Physical education	

	books: Orthopedic Physical Assessment . P.No 1057 - 1059. 5th Edition						
Room allotment	LH 2	LH 2	Ex lab & El lab & Bio lab	LH 2			
Faculty	Bhavithra		Bhavithra	Suva	rna	Mahendra	
PGs			Siraj, Amrutha, Jomin				

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	9/1/24(Tue:	sday)					I	
Topic (type)	Ethics		Claytons El Angela Fora pg 41-54. Electrothera Principlesal	1 7		a course- Leg Le	ength Discrepancy	Submit the physiopedia course certificate to Suvarna
Room	LH 2		LH 2					

allotment				
Faculty		Vijay	Bhavithra	
PGs	Sushmitha & Samhitha			

9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
10/1/24(Wednesda	ay)						
Ex (T) Introduction to angular measurements Recommended books: Measurement of joint motion – Cynthia C Norkin- entire book to be Referred.	Microbiology	using differer	nt methods, r	easoning using	Physiopedia course- Goniometry	Physical education	
LH 2	LH 2	Ex lab & El la	ab & Bio lab		LH 2		
Sandeep		Sandeep				Mahendra	
		Avani, Kalya	n, Athira				
	10/1/24(Wednesda Ex (T) Introduction to angular measurements Recommended books: Measurement of joint motion – Cynthia C Norkin- entire book to be Referred. LH 2	To/1/24(Wednesday) Ex (T) Microbiology Introduction to angular measurements Recommended books: Measurement of joint motion – Cynthia C Norkin- entire book to be Referred. LH 2 LH 2	To/1/24(Wednesday) Ex (T) Introduction to angular measurements Recommended books: Measurement of joint motion – Cynthia C Norkin- entire book to be Referred. LH 2 LH 2 Ex (T) Goniometry using different reliability and service states and service states are also services. Ex (T) Goniometry using different reliability and services are also services are also services are also services and services are also servic	Tol/1/24(Wednesday) Ex (T) Introduction to angular measurements Recommended books: Measurement of joint motion – Cynthia C Norkin- entire book to be Referred. LH 2 Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T) Goniometry (includes pelvusing different methods, reliability and accuracy, Manuel Microbiology Ex (T)	Total Content of joint motion – Cynthia C Norkin- entire book to be Referred. LH 2 LH 2 Ex lab & El lab & Bio lab Ex (T) Goniometry (includes pelvic inclination, ROM using different methods, reasoning using reliability and accuracy, MCID) Ex (T) Goniometry (includes pelvic inclination, ROM using different methods, reasoning using reliability and accuracy, MCID) Ex (T) Goniometry (includes pelvic inclination, ROM using different methods, reasoning using reliability and accuracy, MCID) Ex (T) Goniometry (includes pelvic inclination, ROM using different methods, reasoning using reliability and accuracy, MCID) Ex (BA) Sandeep Ex (T) Goniometry (includes pelvic inclination, ROM using different methods, reasoning using reliability and accuracy, MCID)	Total Content of joint motion — Cynthia Content of book to be Referred. LH 2	Total Carried Continuation of piont motion — Cynthia C Norkin- entire book to be Referred. LH 2 LH 2 Ex lab & El lab & Bio lab LH 2 Sandeep Mahendra Microbiology Ex (T) Goniometry (includes pelvic inclination, ROM using different methods, reasoning using reliability and accuracy, MCID) Physiopedia course-Goniometry Physical education Course-Goniometry Physical course-Goniometry Physical education Course-Goniometry Physical education Physical education Course-Goniometry Physical education Physical education

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	11/1/24(Thu	ırsday)		-		<u> </u>		l l
Topic (type)	ROM using		lvic inclination, hods, reasoning Iracy, MCID)	Pathology		Pharmacology		
Room allotment	Ex lab & E	l lab & Bio lab		LH 2				
Faculty	Sandeep							
PGs	Avani, Kaly	yan, Athira						

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	12/1/24(Fr	iday)					1	1
Topic (type)	EI (T)			Pathology	First aid and nursing	Physiopedia- concepts in ele	current	
	Electroma	agnetic spectrur	n		lg			
	Valves, re	sistance transf	ormer, ionization					
	Claytons	ended books : Electro therapy ed, pg 22-38	y, Angela Forster,					
		ic modalities for Prentice, 2nd ed	physical therapist pg 3-13					
		rapy Explain John Low , I	ed, Principlesand Reed 4th ed, 193-					

	95,536-537 Claytons Electro therapy, Angela Forster, Nigel 9th ed, pg 85-86			
Room allotment	LH 2			
Faculty	Vijay		Vijay	
PGs				

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	13/1/24(Satu	rday)			I		I	
Topic (type)	Ex (T/P) Cognitive so	creening, ANS	EI (T) QUIZ/MCQs					
	screening, tone		Basics of phy	sics				
	Recommended books: Physical Rehabilitation O'Sullivan, Page no: 123-126. Page no:127-132							
Room allotment	LH 2		LH 2					
Faculty	Shruthi							
PGs	Avani, Kalya	an, Athira	Sports PGs					

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	15/1/24(Mon	day)		I		1		1
Topic (type)	HOLIDAY							
Room allotment	=							
Faculty	_							
PGs	-							

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	16/1/24(Tue	sday)						
Topic (type) Room allotment	Ethics		psycho socia Clinical elec M Nelson Pa	theory and Bio- al model of pain etro therapy Roger ages 210- 214; py explained Low ges 78-80	theory LH 2	Psycho Social Model	Submit the physiopedia course certificate to Suvarna	
Faculty				Kalashr	ee			
PGs	Sushmitha	& Samhitha						

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	17/1/24(Wednesda	ay)			1			
Date Topic (type)	Ex (T) Strength & endurance-MMT Recommended books: Daniel's &Worthingham 's muscle testing (Hislop) Muscle testing and function-Florence Peterson Kendall Therapeutic exercise — Carolyn Kisner ,page no-87,232,891	Microbiology	Ex (T) Strength & end	lurance-MMT	Assignment on various methods of grading	Introduction to treatment	Physical education	
	Physiology of sports & exercise –Jack H Wilmore (4th edition)pg no:190- 197,223-245,393							

	Exercise Physiology – Katch&Katch (2nd edition) Pg no:311- 312,376				
Room allotment		LH 2			
Faculty	Kalashree	Kalashree		Mahendra	
PGs	Raghavi, Deepti, Ramya	Raghavi, Deepti, Ramya	Sushmitha & Samhitha		

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	18/1/24(T	hursday)						
Topic (type)	MMT,	trength & endu instrumental al muscle testii	muscle test	Pathology ing,	Pharmacolog	ЭУ		
		nended books &Worthingham	s : ı 's muscle testir	ng				
		esting and fund Peterson Kend						

	Therapeutic exercise – Carolyn Kisner ,page no- 87,232,891 Physiology of sports & exercise –Jack H Wilmore (4th edition)pg no:190- 197,223-245,393 Exercise Physiology – Katch&Katch (2nd edition) Pg no:311-312,376				
Room allotment	Ex lab & El lab & Bio lab(3 groups)	LH 2			
Faculty	Kalashree			I	
PGs	Raghavi, Deepti, Ramya				

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	19/1/24(Fi	riday)		1				
Topic (type)	for electron Recomm	otherapy-Sens			First aid & nursing	EI (P) Sensory testing		Submit the course certificate to Suvarna
Room allotment	LH 2	,		LH 2	LH 2	Ex lab & El la groups)	b & Bio lab (3	
Faculty	Shruthi					Shruthi		
PGs						Anaga,lakshmi		

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	20/1/24(Sat	urday)				l		l
Topic (type)	, ,	ngth & enduurance, RM		Physiopedia on dermatome and myotome				
Room allotment	Ex lab & El	lab & Bio la	b(3 groups)	LH 2				
Faculty	Kalashree			Shruthi				
PGs	Raghavi, D	eepti, Ramy	ra e					

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	22/1/24(Mon	day)						
Topic (type)	MCQ test Strength and Endurance	Microbiology	Agility, spe iso inertial Recomment Physiology exercise –Jacedition)pg 245,393 Exercise	ed, isokinetic and aded books: of sports & ack H Wilmore (4th no:190- 197,223- Physiology – h (2nd edition) Pg 376		on of India	Physical education	
Room allotment	LH 2		LH 2		LH 2			
Faculty	Kalashree		Vijay		Suvarna		Mahendra	
PGs								

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks	
Date	23/1/24(Tu	esday)			1				
Topic (type)	Administra	ation			Ex (P) Agility, speed	Ex (P) Agility, speed, isokinetic and isoinertial			
Room allotment	LH 2		LH 2		Ex lab & E groups)	l lab & Bio l	ab(3		
Faculty	Vikas		Asif		VIjay		<u>'</u>		
PGs					Raghavi, Dee	pti, Ramya			

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks	
Date	24/1/24(Wednesda	ay)	1						
Topic (type)	Ex (T) Exercise capacity Recommended books: Physiology of sports & exercise –Jack H Wilmore (4th edition)pg no:190-197,223-245,393 Exercise Physiology – Katch&Katch (2nd edition) Pg no:311-312,376	Microbiology	Ex (T) Exercise cap	pacity	Physiopedia on exercise testing		Physical education	Submit the course certificate to Suvarna	
Room allotment	LH 2					LH 2			
Faculty	Naresh		Naresh				Mahendra		
PGs						Sushmitha & Samhitha			

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	25/1/24(Th	nursday)						l
Topic (type)	Ex (P)			Pathology	Pharmacolo	ogy		
	Exercise field test	capacity- tre	admill based a	nd				
	Recommended books : Exercise Physiology McArdleKatch&Katch							
	ACSM- g 30-31	uidelines Practi	cal manual page	no				
Room allotment								
Faculty	Naresh						-	
PGs	Subendu,	Aswin, Varsha	а Н					

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	26/1/24(F	riday)					1	
Topic (type)		Н	oliday					
Room allotment								
Faculty								
PGs								

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	27/1/24(Sa	aturday)				I	I	I
Topic (type)	EI (T) Sinusoida current,H' Iontophor		Physiopedia testing	on treadmil				
Room allotment	LH 2		LH 3					
Faculty	Asif		Naresh					
PGs								

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	29/1/24(Monday)	<u> </u>						
Topic (type)	Ex (T) Function evaluation Recommended books: FIM Manual (standardized test)	Microbiology	Ex (T) Function eval	luation	Constitutio	on of India	Physical education	
Room allotment	LH 2		LH 2		LH 2			
Faculty	Sandeep				Suvarna		1	
PGs								

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks	
Date	30/1/24(Tue:	sday)		L					
Topic (type)	Administra	tion	Physiopedia on function evaluation	Ex (P) Function evalu	Ex (P) Function evaluation-Observation , scales and analysis				
Room allotment	LH 2		LH 3	Ex lab & El lab	& Bio lab (3 gro	ups)			
Faculty	Vika	as	Sandeep	Sandeep			l .		
PGs				Amrutha, Siraj	, Jomin				

Time	9-10	10-11	11-12	12-1	2-3	3-4	4-5	Remarks
Date	31/1/24(Wed	nesday)	l		1	1		
Topic (type)	El (T) Cathod & Anodal galvanism	Microbiology	Microcurrent & stimulator Recommended Clinical electro	l books :	ypes of electrical	Introduction to treatment	Physical education	
Room allotment	LH 2		Electrotherapy I	ab		LH 2		
Faculty	Asif		Asif				Mahendra	
PGs						Sushmitha & Samhitha		