

JSS College of Physiotherapy
3rd-year BPT
Unit plan for April 2024

Ref: JSSCPT/04-BPT/3/23-24

Date: 30/03/24

Date & Day	9-10	10-12	12-1		2-3	3-4	4-5
1/4/24 Monday	Clinical postings		Clinical Ortho	Lunch break	General Medicine	P T ORTHO Fractures of the thoracic spine, ribs, scapula, clavicle, and humerus. PT evaluation and management in acute and chronic conditions with secondary complications (delayed and malunion, Bankart lesion, kyphosis, TOS, RSD, shoulder instability & dislocation, impingement, total shoulder replacement, AC joint dislocation) Faculty: Bhumika PGs-Mansi & Sanchitha Venue: LH2	
2/4/24 Tuesday	Clinical postings		General Surgery		General Medicine	P T CARDIO-Theory Lifestyle disorders (Hypertension and Renal disease) Faculty -Tejaswini SN Venue – LH2	
3/4/24 Wednesd ay	Clinical postings		General surgery		P T ORTHO-Practical's Shoulder Faculty: Bhumika PGs- Lahari, Mansi & sanchitha Venue: Ortho, Cardio and Peads lab	P T CARDIO-theory Peripheral vascular disease (PVD) Faculty: Noble PGs: Aswin & Pratap	
4/4/24 Thursday	Clinical postings PT CARDIO-Practical's Exercise testing-6MWT Faculty-Tejaswini S N PGs-Shradha & Subendhu				PT ORTHO Shoulder PGs: Lahari, Mansi & sanchitha Faculty: Bhumika Venue: LH2	P T CARDIO-Practical's Peripheral vascular disease (PVD)- Practical's Faculty: Noble PGs: Aswin & Pratap Venue: Ortho & Cardio lab	
5/4/24 Friday	Clinical posting				General Medicine	PT CARDIO-Practical's Exercise testing-6MWT Faculty-Tejaswini S N PGs-Shradha, Subendhu & Varsha	

6/4/24 Saturday	Parent Teachers Meeting				
8/4/24 Monday	Clinical posting	Clinical Ortho	General Medicine	PT ORTHO-Practicals Thoracic pain, musculoskeletal dysfunction, (kyphosis, scoliosis, intercostal rib pain and upper back pain, Faculty-Mukund PGs- Venue-	P T CARDIO Wound and Ulcer management Faculty-Noble Venue-LH2 PG-Aswin
9/4/24 Tuesday	Holiday		Holiday		
10/4/24 Wednesday	Clinical posting Thoracic pain, musculoskeletal dysfunction, (kyphosis, scoliosis, intercostal rib pain and upper back pain, Faculty-Mukund PGs- Venue-		PT ORTHO-Practical's shoulder girdle/ shoulder (impingement syndrome, rotator cuff, subacromial compression, RSD, supraspinatus and bicipital tendinitis. Treatment-based classification of shoulder Faculty-Vijay PGs- Ragavi, Ronika, Jerome Venue: Ortho, Cardio & peads lab		
11/4/24 Thursday	Holiday		Holiday		
12/4/24 Friday	Clinical postings		General medicine	P T ORTHO-Practical's Fractures of wrist and hand (shock, compartment syndrome, CRPs, tendon transplant, reattachment of limbs, excision of the radial head, total wrist arthroplasty, carpel tunnel syndrome, extensor tendon repair, and flexor tendon repair) Faculty: Vijay PGs- Ragavi, Ronika, Jerome Venue: Ortho, cardio & peads lab	
13/4/24 Saturday	Clinical postings				
15/4/24 Monday	Clinical postings	Clinical ortho	General Medicine	PT ORTHO Lumbar and sacral Spine Revision of clinical anatomy and biomechanics: 1 hour PG-Lahari TBC Theory: 1 hour Faculty-Rashid PGs- Alun, Varsha, Sanchita Venue-LH2	
16/4/24 Tuesday	Clinical postings	General surgery	General medicine	PT CARDIO Obstructive conditions and its PT management Faculty-Tejaswini S N	

				PGs-Shradha, Aswin & Varsha Venue-LH2	
17/4/24 Wednesday	Clinical postings	General surgery	PT ORTHO-Theory & Practicals Fractures of elbow forearm wrist and hand, acute, chronic and secondary complications (shock, compartment syndrome, CRPs, myositis ossificans, osteomyelitis, septic arthritis, cubitus valgus varus, below elbow amputation, total elbow replacement, tendon transplant, reattachment of limbs, excision of the radial head, total wrist arthroplasty, carpal tunnel syndrome, extensor tendon repair and flexor tendon repair. Faculty-Bhumika PGs- - Lahari, Mansi & sanchitha Venue-LH2 and Ortho/Cardio lab		
18/4/24 Thursday	Clinical posting		PT ORTHO MSK of the elbow, forearm wrist, and hand (splinting, manual therapy, rheumatoid arthritis, deformity correction, tennis and golfers elbow, dequrens tenosynovitis, trigger and malite syndrome, carpal tunnel syndrome, WRMSDs of upper limb) Faculty-Bhumika PGs-- Lahari, Mansi & sanchitha Venue- LH2 and Ortho/Cardio lab	PT CARDIO-Practicals Wound & Ulcer management Faculty-Noble PGs-Subendhu & Varsha	
19/4/24 Friday	Clinical postings		General medicine	PT CARDIO Obstructive conditions and its PT management- Continued Faculty-Tejaswini Venue-LH2 PGs-Shradha, Aswin & Varsha	PT CARDIO Skin graft and management Faculty-Noble Venue-LH2
20/4/24 Saturday	Mentor mentee	Clinical posting			
22/4/24 Monday	Clinical posting	Clinical Ortho	General medicine	PT ORTHO-Practical's 1.TBC PGs: Albin & Sanchita 2.Case Scenario discussion PGs- Jomin, Amrutha, Siraj Faculty-Rashid Venue-Ortho, cardio & peads lab	

23/4/24 Tuesday	Clinical posting	General Surgery	General Medicine	PT CARDIO Restrictive conditions and its management Faculty-Tejaswini PGs-Subendhu &Pratap Venue-LH2
24/4/24 Wednesday	Clinical posting	General Surgery	PT ORTHO-Theory(1 hr) Fractures of lumbar and sacral spine: acute & chronic, secondary complications like spinal cord injury, chronic low back pain Followed with practical's Faculty-Rashid PGs-Albun, Varsha, Sanchita	P T CARDIO Management of Skin conditions Faculty-Noble Venue-LH2
25/4/24 Thursday	Clinical posting	General Surgery	PT ORTHO Msk of the lumbar and sacral spine Faculty-Rashid & Mohini Venue-LH2	P T CARDIO Management of Skin conditions Faculty-Noble Venue-LH2
26/4/24 Friday			General Medicine	PT Cardio Lung Surgeries Faculty-Tejaswini Venue-LH2 PG-Varsha & Aswin
27/4/24 Saturday	Clinical posting			
29/4/24 Monday	Clinical posting	Clinical Ortho	General Medicine	PT ORTHO Ankylosing spondylitis, TB spine, scoliosis, lumbar spondylosis Faculty-Bhumika
30/4/24 Tuesday	Clinical posting	General surgery	General Medicine	PT CARDIO Pulmonary Rehabilitation Faculty-Tejaswini

Physiopedia

1. Lumbosacral Biomechanics
2. Treatment principles of Lumbar Spine
3. Vascular rehabilitation
4. COPD (Chronic Obstructive pulmonary disease)

Class Co-Ordinator
Tejaswini S N

UG Co-Ordinator
Shruti

