

JSS college of Physiotherapy, Mysuru
3rd year BPT regular batch unit plan January – 2024

Date:13-12-2023

Date	9 -10	10- 12	12- 1	1 -2	2-3	3-4	4-5
2/1/23 Tuesday	Induction						
3/01/24 Wednesday	Clinical postings	General surgery	lunch break	Pt ortho Biomechanics of connective tissue PGs - Jahnavi, Samhitha, Saiprakash Faculty: Kalasree/Kavitha LH3			
4/01/24 Thursday	Physical education (PE)	Clinical postings		General medicine	PT ORTHO 1. PT assessment in fracture, elective surgery, orthopaedic disease (PT as an adjunct) (1 Hr) Faculty: kalasree	PT ORTHO 2. Pt assessment in direct access (1hr) Faculty: Vijay Venue: LH3	
5/1 Fri	PE	Clinical postings		General medicine	PT CARDIO – Seminar on - Revision of anatomy and biomechanics of respiratory system (T) PGs – Shradha and Ashwin Faculty – TSN Room – LH3 Refences - Principals of anatomy physiology – Gerard J Tortora, (page no- 816- 827) Clinical Atlas of Human Anatomy- Peter H Abrahams (page no 201-213)		
6/1 Sat	Clinical postings						

8 Mon	Clinical postings	Clinical ortho	Lunch break	Pt ortho PT assessment in sports injury (1 hour) Faculty: Mukund 1. Practical (2 hours) on how to take history, read x-rays and general examination (goniometry, MMT, limb length and girth. Venue: ortho, electro and neuro lab Faculty: kala Pg: Sushmita, Chaithra, rakshith	
9 tue	Clinical postings	General surgery		PT CARDIO - Revision of anatomy and physiology and biomechanics of cardio vascular system (T) PGs – Shradha and Ashwin Faculty – TSN Room – LH3 Refences - Principals of anatomy physiology – Gerard J Tortora (Page no-660-666, 670-671, 678-682) Anatomy atlas book (page no-188-189) Disc no. - 099	
10 wed	Clinical postings	General surgery		PT ortho 1. Practical: posture, transitions and gait (1 hour) Pg: Vaishnavi, jomin Faculty: Naresh	PT Ortho Practical on using the assessment and HEP on given scenarios including adherence log book (2 hours) Faculty: Kalashree Pgs: Vrushali, Aditi, Samhitha
11 thu	PE	Clinical postings		GENERAL MEDICIN E	PT ORTHO 1 st hour: MCQ based quiz on unit 1(30 questions)- Vijay Physiopedia: 1. communication and the medical interview programme
12 fri	PE	Clinical postings		GENERAL MEDICIN E	PT CARDIO - Practical manual orientation and equipment orientation (P) PGs – Shradha and Ashwin Faculty – TSN Lab – cardi and pediatrics lab
13 sat	Clinical postings				

15 Mon – Makarasan kranthi			
16 tue	Clinical postings	General surgery	PT CARDIO - General assessment – subjective assessment and MCQ test (P) PGs – Shradha and Ashwin Faculty – TSN Lab – cardio and pediatrics lab Reference - Ellen Hillegass H. Steven Sadowsky (Page no 610-645) Paediatrics -Physiotherapy for Respiratory and Cardiac problems Jennifer A. Pryor Ammani S Prasad (page no 335-336).
17 wed	Clinical postings	General surgery	Pt ortho Physiopedia - communication and the medical interview programme
18 thu	PE	Clinical postings	GENERAL MEDICINE PT ORTHO Physiopedia communication and the medical interview programme
19 fri	PE	Clinical postings	GENERAL MEDICINE PT CARDIO - Objective evaluation in medical and surgical conditions (T) PGs – Shradha and Ashwin Faculty – TSN Room – LH3 Reference - Ellen Hillegass H. Steven Sadowsky (Page no 610-645) Pediatics -Physiotherapy for Respiratory and Cardiac problems Jennifer A. Pryor Ammani S Prasad (page no 335-336).
20 sat	Clinical postings		Pt ortho professional communication programme
22 mon	Clinical postings	Clinical ortho	
23 tue	Clinical postings	General surgery	PT CARDIO - Objective evaluation (P) PGs – Shradha and Ashwin Faculty – TSN Lab – cardio and pediatrics lab
24 wed	Clinical postings	General surgery	Pt ortho 2. professional communication programme

25 thu	PE	Clinical postings		GENERAL MEDICIN E	PT ORTHO professional communication programme
26 Fri – Republic Day					
27 sat	Clinical postings				
29 mon	Clinical postings	Clinical ortho		Pt ortho Physiopedia General physiotherapy examination in the outpatient department	
30 tue	Clinical postings	General surgery		PT CARDIO - Introduction to techniques (T / P) PGs – Shradha and Ashwin Faculty – TSN Room – LH3 Refence - Therapeutic exercise Carolyn Kisner- 5th edition (page no- 851- 866) -PT in respiratory care. Alexandra Hough.3rd edition -Essentials of Cardiopulmonary Physical Therapy - Ellen Hillegass H. Steven Sadowsky (page no- 659-660)	
31 wed	Clinical postings	General surgery		Pt ortho General physiotherapy examination in the outpatient department	