

**JSSCOLLEGE OF PHYSIOTHERAPY**

**JSS Hospital Campus, Ramanuja Road, Mysore-570 004**

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**JSSCPT/CDC(UG)/02(04)/2021-22**

**03/05/2022**

**2 YEAR UNIT PLAN FOR THE MONTH OF MAY**

<b>Date</b>	<b>9-10</b>	<b>10-11</b>	<b>11.15-12</b>	<b>12-1</b>	<b>2-3</b>	<b>3-4</b>	<b>4-5</b>
<b>04/05/22 Wednesday</b>	Electrotherapy Practice session (Ist MPT) (MY)	Microbiology	Exercise Therapy practical session (Ist MPT)	<b>Library</b>	Ex Therapy Balance(P) (SP)	Physiopedia Course	Cultural Week
<b>05/05/22 Thursday</b>	Electrotherapy Practice session (Ist MPT)	Electrical stimulation (MY)	<b>Library</b>	Pathology	Ultrasound(P) (SAB)	First Aid & Nursing	Cultural Week
<b>06/05/22 Friday</b>	Electrical stimulation (MY)	MMT (Dr. KR)	Exercise Therapy practical session (Ist MPT)	Pathology	Assisted & self assisted exercise (P) (RKV)	SDL	Cultural Week
<b>07/05/22 Saturday</b>	Electrotherapy Practice session (Ist MPT)	<b>Pharmacology</b>			Cultural day		

<b>09/05/22</b> Monday	Pain Pathway (PHS)	Microbiology	<b>Library</b>	Ethics and administration (Dr. RD)	Ultrasound (SAB)	Nerve Muscle physiology (MY)	Physical education
<b>10/05/22</b> Tuesday	Manual therapy & Mobilization (VSR)		<b>Physiotherapy course</b>	Resisted Exercise (RKV)	Exercise therapy practice session (Ist MPT)		Physical education
<b>11/05/22</b> Wednesday	Electrotherapy Practice session (Ist MPT) (MY)	Microbiology	Exercise Therapy practical session (Ist MPT)	<b>Library</b>	Ex Therapy Balance(P) (SP)	Physiotherapy Course	Physical education
<b>12/05/22</b> Thursday	Electrical stimulation (MY)		<b>Library</b>	Pathology	Ultrasound(P) (SAB)	First aid and nursing	Physical education
<b>13/05/22</b> Friday	Nerve muscle Physiology (MY)	MMT (Dr. KR)	Electrotherapy Practice session (Ist MPT)	Pathology	Ex. Therapy Resistance exercise(P) (RKV)		<b>Physical Education</b>
14/05/22 Saturday	Electrotherapy Practice session (Ist MPT)	Pharmacology					

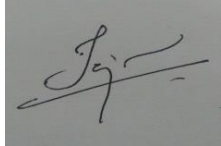
<b>16/05/22 Monday</b>	Electrotherapy Practice session (Ist MPT)	Microbiology	<b>SDL</b>	Aerobic Exercises( <b>Dr. RD</b> )	TENS (SS)	<b>Physiopedia Course</b>	<b>Physical Education</b>
<b>17/05/22 Tuesday</b>	Manual therapy & Mobilization (VSR)		<b>LIBRARY</b>	Resisted exercise (RVK)	Exercise therapy practice session (Ist MPT)	SDL	<b>Physical Education</b>
<b>18/05/22 Wednesday</b>	Electrotherapy Practice session (Ist MPT) (MY)	Microbiology	Exercise Therapy practical session (Ist MPT)	<b>Library</b>	Individual & Group exercise (TSN)	Physiopedia Course	<b>Physical education</b>
<b>19/05/22 Thursday</b>	Electrotherapy Practice session (Ist MPT)	IFT (MY)	<b>Library</b>	Pathology	TENS (SS)	First Aid & Nursing	<b>Physical education</b>
<b>20/05/22 Friday</b>	IFT (MY)	MMT (Dr. KR)	Exercise Therapy practical session (Ist MPT)	Pathology	Specific Exercise regimens (P) (RKV)		<b>Physical education</b>
<b>21/05/22 Saturday</b>	Mentor Mentee meeting	Pharmacology					
<b>23/05/22 Monday</b>	Electrotherapy Practice session (Ist MPT)	Microbiology	<b>SDL</b>	Ethics and Administration ( <b>Dr. RD</b> )	TENS (SS)	<b>Physiopedia Course</b>	<b>Physical Education</b>

<b>24/05/22 Tuesday</b>	Manual therapy & Mobilization (VSR)		<b>LIBRARY</b>	Specific Exercise regimens (P) (RKV)	Exercise therapy practice session (Ist MPT)	SDL	<b>Physical Education</b>
<b>25/05/22 Wednesday</b>	Electrotherapy Practice session (Ist MPT) (MY)	Microbiology	Exercise Therapy practical session (Ist MPT)		Individual & Group exercise (TSN)	<b>Physiopedia Course</b>	<b>Physical Education</b>
<b>26/05/22 Thursday</b>	Electrotherapy Practice session (Ist MPT)	IFT (MY)	<b>Library</b>	Pathology	TENS (SS)	First Aid & Nursing	<b>Physical education</b>
<b>27/05/22 Friday</b>	Rebox type of current (MY)	MMT (Dr. KR)	Exercise Therapy practical session (Ist MPT)	Pathology	Specific Exercise regimens (P) (RKV)		<b>Physical Education</b>
<b>28/05/22 Saturday</b>	PTM						
<b>30/05/22 Monday</b>	Electrotherapy Practice session (Ist MPT)	Microbiology	<b>SDL</b>	Ethics and Administration (Dr. RD)	TENS (SS)	<b>Physiopedia Course</b>	<b>Physical Education</b>
<b>31/05/22 Tuesday</b>	Manual therapy & Mobilization <b>Revision</b> (VSR)		<b>LIBRARY</b>	Specific Exercise regimens (P) (RKV)	Exercise therapy practice session (Ist MPT)	SDL	<b>Physical Education</b>

**(Dr. KR-Dr. Kavitha Raja, Dr. RD-Renuka Devi , TSN-Tejaswini, RKV- Ranjith, SS-Sri Shankar, VSR-Vijay Samuel Raj, PHS-Preethi, MY- Madeswaran, SAB-Syed AsifBasha, SP-Shruthi Patil)**

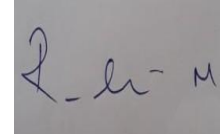
Signature of class coordinator

Tejaswini S N

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Signature of UG Coordinator

Dr.RenukaDevi

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## **Physiopedia courses**

- Pharmacology and physiotherapy
- Pharmacology in pain management
- Understanding pain