



# **JSS COLLEGE OF PHYSIOTHERAPY**

JSS Hospital campus, Mahatma Gandhi Road,

Mysuru, Karnataka 570004.

## **Student Council First Term Report**

Student council election for the academic year 2019-20 was conducted on 27<sup>th</sup> November 2019, with supervision of Mr. Sandeep(Election coordinator). The new council members for the academic year 2019-20 were selected and were encouraged to work collectively towards various activities for the year ahead .

List of newly elected student council members for the academic year2019-20 were as follows

President : Fazal Gafoor

Vice President : Vikaas

General Secretary: Kaartik TN

Additional Secretary : Susan Joji Zakariya

Treasurer : Amal Augustine

Additional Treasurer : Nasrin Binzia

Sports Secretary : Muhammed Ajmal and Nisarga

Academic Secretary : Sreesh R and Sandra Jose

Cultural Secretary :Ashik John and Shree Vidya

Institutional Social Responsibility Secretery: Don Jolly

Media and Web site Secretary: Immanuel sabu

Swach Bharath Secretsry : Noble Vavchan and Dona Domnic

The new council members took their Oath during the Investiture ceremony conducted along with the freshers day. Dr: Renuka Devi, Vice Principle of JSSCPT recited the Oath for council members followed by the Presidential speech by Fazal Gafoor president student council JSSCPT.

Student council 2019-20 planned and executed various curricular and extracurricular activities in college and intercollegiate levels, including IDPD celebration, Christmas celebration, sports week celebration, cultural week celebration, intercollegiate Quiz and Essay writing competition detailed report of particular events are described below along with the minutes of meeting.

### ➤ **Minutes of General Body meeting**

Date: 05-12-2019

Place: JSSCPT Seminar Hall

Time: 04:00PM to 05:00PM

General body meeting is the first meeting conducted by the council with the students of the college both BPT and MPT students were there, the main motto of the meeting was to ask students about how they want the event to be organized in the college and on which dates will it be good. Council was open to all the suggestions given by the students.

President Fazal Gafoor presented the whole year's plan of the council what all the events we will be conducting was explained to the students.

- Sports day
- Cultural day
- Christmas day celebration (FROST)
- Academic week
- Intercollegiate sports and cultural activities
- Formation new clubs
- Formation of college radio station

The inputs from the students was collected by using a Google form.

General body meeting was successful where in 106 students attended the meeting excluding council members

➤ **The 1<sup>st</sup> Council meeting**

Date: 04-12-2019

Place: JSSCPT Board Room

Time: 05:00 PM to 06:05 PM

The meeting started with the introduction by the president of the council Fazal Gafoor. Discussion was initiated by the principal Ms. Kavitha Raja and assistant professor Vijay Samuel discussing various ideas to start various activity clubs and cultural events.

The council decided to submit reports of cultural events which includes committees, student participation, awards and prizes, accounts etc... and to record all initiatives that will be taken up by the students.

It was also decided to chart out an annual activity calendar and activity plan including its budget and has to be presented during general body meeting.

The council had agreed that Christmas, new year and integration day celebrations and NSS camp will not be funded completely by the college and if funding was required, formal application has to be made 3 weeks prior to the event and if any changes in the plans, the same has to be intimated 2 weeks in advance. It was decided that a room would be provided for the student council as their office. It was decided that student journal will be published periodically.

As part of swach bharath, it was decided that college premises would be cleaned once in a month and workshops would be conducted.

Council presented their ideas for the academic year like

- Installation of college radio.
- Forming of clubs.
- Formation of Houses in college for intra college activities among the students and staff.

➤ **Council Meeting for Conducting Sports Day**

Date: 26-12-2019

Place: JSSCPT Sports Room

Time: 05:30 PM to 06:15 PM

In the meeting Mahendra sir, ranjith sir, council members along with sports representatives from each year were present.

Meeting Started with Council's plan regarding sports day and assigned works regarding stage to each of the council members.

Ranjit sir and Mahendra sir told their plan regarding guests and March fast for which marks will be given by guests.

Mahendra sir explained the events list in the order how it has to happen

Torch lighting ceremony and the 6 members were decided.

It was decided to be done as a relay where the torch are passed from one person to another

It was decided that Inauguration ceremony will be followed by oath taking ceremony.

At 9: 45 torch lighting will be started.

Council had planned to keep a food stall to raise funds for the poor patients fund in JSS PMRC.

Both Mahendra sir and Ranjith sir agreed for this initiative.

Once the event got ended council members were asked to clean the ground and all the equipment has to be returned safely to the sports room.

#### ➤ **Council Meeting for Conducting Christmas Celebration**

Date: 30-12-2019

Place: JSSCPT Council room

Time: 02:15 PM to 03:00 PM

The meeting started at 2:20 pm by president Fazal gafoor by asking the cultural secretaries the plans for Christmas celebrations. Ashik listed the events and duration of each event. Places were allotted to each event for arranging.

- Crib making will start in the morning at 12pm and end by 1pm
- Fruit carving has to be done in lecture hall-2
- Christmas cake decoration was allotted in the lecture hall-1
- Cooking without fire has to be done in lecture hall-3

All the three events will start exactly at 2pm and end by 3pm once the participants finish their work they will be asked to present their work in upper lobby in their allotted places.

- Treasure hunt (3:00-5:00pm) will be conducted as per the instructions.
- Carol singing and Santa(5:00-6:30pm).
- Potluck, cake cutting and gift exchange will be arranged at 6:30pm. A photo will be taken with the teachers before cake cutting.

Lights have to be arranged for the cake cutting and potluck party at the PMR.

➤ **Council meeting for conducting College Cultural day**

Date: 02-01-2020

Place: JSSCPT council room

Time: 03:10 PM to 04:00 PM

The meeting started at 3:10pm by Fazal gafoor with the cultural day planning.

Name of the event decided as AVISHKAR 2020.

Shreevidya presented the plans. Discussed regarding what can be done for increasing the participation. Invitation will be a soft copy. Memento for judges decided.

For stage decorations a banner will be made and stage will be decorated. Certificates will be arranged. A committee will be there for stage arrangements.

Another committee is formed for the crowd control and for other essential works.

Formal function will start from 09:30 am welcome address and MC for both formal and evening function were decided.

- All the singing events solo, duet, and group songs must be finished by lunch. After the lunch prize distribution and felicitation of the judges.
- In the afternoon session dancing events, mime kitchen orchestra, skit and ramp walk will be conducted followed by results and felicitation of the judges.
- After all the events we will have a DJ.

Speakers and media part will be handled by swaroop and don. Auditorium was decorated by the students and council members.

➤ **Monthly Council Meeting**

Date:13-01-2020

Place: JSSCPT Council Room

Time: 04:00 PM to 05:00 PM

Agenda of the meeting is as follows

- Treasurer will talk about the budget and money spent in all the events
- College trip
- Chocolate funds

- Academic presentation dates and topics.
- The different clubs which has to be formed
- New female representative for swatch bharath post.

Treasurer amal explained about the money expenditure in sports, cultural and frost events and the remaining budget for further programs was also explained.

Council decided to pay rupee 1000 for the promo video maker Mr. Ali for sports day.

College trip has to organized in the this academic year, place will be dandeli the tentative dates for the trip will be 31<sup>st</sup> Jan to 1<sup>st</sup> Feb 2020.

Council's initiative of chocolate fund has to be started by keeping boxes in each class and we will ask students to put the money they spend on chocolate and the money will be collected every month by the treasurer and will be utilized for the college activities.

Academic presentation has to be resumed again as it was not conducted in the last year, topics for and dates were decided for the first academic presentation on 25-01-2020.

The different clubs to be established were

- Sports club
- Library and research club
- Music and dance club
- Drawing club
- Photography and movie making club
- Social and community service club

Dona Dominic of 4<sup>th</sup> BPT was selected as new female representative of swatch bharath post.

### ➤ **Monthly council meeting**

Date: 03-02-2020

Place: JSSCPT Seminar Hall

Time: 05:00 PM to 06:00 PM

Agenda of the meeting is as follows

- College trip dates price and rules
- College Website handling classes for students
- Intercollegiate sports and cultural events
- Sports competition among the sister college

College trip as planned in the previous meetings will be to dandeli and gokarna on the dates 14-02-2020 to 17-02-2020 14th night at 7pm or 8pm the bus will leave from the college and we will be back by 17<sup>th</sup> morning by 6 am. Price for the trip will be per head 3000. Rules were made.

As most of the college students didn't know how to use college website page council was asked to take a class on how to use the website and along with that students were taught how to use physioplus website too.

Intercollegiate sports and cultural events will be conducted either of the one will be conducted. Sports competition among sister college will be held in March 1<sup>st</sup> week, dates will be discussed and confirmed with principal ma'am.

### ➤ **Cultural week celebration 2019-20**

The College cultural week 'AVISHKAR' was conducted from 30th December 2019 in which the off stage events were conducted and there was an active participation from students and staff. Drawing and calligraphy competition was conducted in 2nd year classroom from 4pm to 5pm on 30th December 2019 and the judgment was done by Praicy maam, occupational therapist, JSS PMRC. On 31st December 2019 Christmas celebrations 'FROST' was held and competitions like, cake decoration, carol singing, crib making, fruit carving, cooking without fire was conducted. Judges Mrs. Melody Dsouza and Mrs. Mary Sunitha Mendez and judges were gifted on the same day, and students who were participated in FROST were prized on the same day, Essay competition was conducted on 1st January 2020 and judgment was done by Preethi mam, physiotherapist, JSSPMRC and Mr. Mansoor sir. On 2nd January 2020, Rangoli and mehendi competition was conducted from 5pm to 6 pm and due to some issues judges were not able to come, hence Ms. Praicy maam and Ms. Preethi maam from JSSPMRC judged the competitions. Hairstyle making, face painting and best of waste were conducted from 5pm to 6pm in 2<sup>nd</sup> classroom and the competitions were judged by Ms. Supriya maam and Ms. Minnu maam, clinical staffs, JSS Hospital. Tik-Tok competition was held through instagram from 27th December 2019 to 3rd January 2020 and the winners were announced based on the number of likes. Photography competition was conducted in such a way that the participants were asked to mail the photos and the best of three were selected by the external judge Mr. Haseeb Ali. The college Annual cultural Day was conducted on 4th January in Rajendra Auditorium. The Inauguration ceremony started at 10 am. The cultural coordinator, UG coordinator and the cultural secretaries have lighted the lamp. The competitions were started from 11:00 am, starting with solo singing, duet singing and group singing judged by Ms. Shambhavi, and the events followed by dancing, solo dancing, duet dancing, group dancing which were judged by MR. Vinod, Vinod dance academy. Mime and kitchen orchestra were started from 6 pm and were judged by Ms. Supriya, and last was Ramp walking was held from 7pm and it was judged by Mr. Nagendra. R.T sir, and Ms. Krishna Kripa.

All the participants of on-stage and off- stage were prized with certificates.

The winner list of FROST are

EVENTS	FIRST PLACE	SECOND PLACE	THIRD PLACE
Crib making	Dona and team	Shiny and team	Priya and team
Carol singing	Susan and team	Seher and team	Nobel and team
Cake decoration	Nasrin and Sandhra		
Fruit carving	Rini and team	Prithvi and team	Sneha and team
Cooking without fire	Seher and team	Vinod and team	Karthik and team

The winners of off stage are:

EVENTS	FIRST PLACE	SECOND PLACE	THIRD PLACE
Calligraphy	Anushabhat	Nisarga.C.S	Mansoor sir
Drawing	Ranjith.K.V	Aavni	Yogitha
Essay writing	Ruqiya	Abhishek	Aavni
rangoli	Nethra and team	Nirmitha and team	Pallabi and team
mehendi	nasrin	chinmayi	
Face painting	Aavni	ruqiya	Seher
Hair style making	chinmayi	Meghana. M	
Best of waste	Abhishek and team	Chinmayi and team	
photograpy	Shiny vijay	seher	Don jolly
Tik-tok	Rishygowda	Shiny vijay	Aaniyameheraj

The winners of on stage events are:

EVENTS	FIRST PLACE	SECOND PLACE	THIRD PLACE
Solo dance	Riya aysha	Nishithapandya	Sophia
Duet dance	Susan and Rini	Nishitha and karishma	Riya aysha and aparna
Group dance	Susan and group	Delna and group	Arjun and group



Solo song	Susan	Nanditha and sneha	Vinayaka
Duet song	Sandra and Sneha	Susan and Karthik	Aparna and riya
Group song	Susan and team	Noble and team	Aparna and team
Drama	Seher and team		
Mime	Seher and team	Sandhra and team	
Kitchen orchestra	4 <sup>th</sup> years	3 <sup>rd</sup> years	
Ramp	4 <sup>th</sup> years	Pgs and staffs	

### ➤ **‘UURJJA 2019’ sports week celebration 2019-20**

The **Annual Suttur sports meet** was conducted in the month of December 2019, where our college students have participated and secured places in various events. The College Sports event ‘**URJJAA**’ was conducted from 9th December 2019 in which the indoor sports events (table tennis, carrom and chess) were conducted during the first week and there was an active participation of students and staff. Shuttle Badminton was conducted in Maharaja college in the indoor badminton court on the 14<sup>th</sup> of December. On the 15<sup>th</sup> December, volleyball, basketball and throwball events were conducted in the college JSS College of Arts, Commerce and Science, Ooty road and were officiated by external referees.

The football tournament was conducted on 17<sup>th</sup> December in JSS medical college and the matches were officiated by the external referees. On 22<sup>nd</sup> December, the college cricket tournament was conducted in JSS medical college where there was an active participation of students and staff.

PUBG was conducted on 19<sup>th</sup> December and Kho-Kho was conducted on the 21<sup>st</sup> of December in the mahavidyapeeta school ground where the external officials refereed the match and 23<sup>rd</sup> rubic’s cube was conducted.

The college Annual Sports Day was conducted on 22<sup>nd</sup> December in Oval grounds where Professor M. Chandrakumar Sir, Retired Chairman DOS in PE and SS in University of Mysore, was the guest of honor. The events were organized by council members where referees were invited from University of Mysore to run the event and there was enthusiastic participation of students and staff.

➤ **Academic presentation**

Academic presentation of February month was conducted on 8<sup>th</sup> February 2020 at seminar hall. The presentation was conducted at 9 am onwards. The topic was 'obesity- management guidelines'. The program was monitored by Inam sir. Shivangi from 1<sup>st</sup> year, Dona from 2<sup>nd</sup> year, Ethendra from 3<sup>rd</sup> year and Sanjana from 4<sup>th</sup> year were the presenters for this academic presentation. Each presenter gave the pretest before the presentation and posttest after the section. Shivangi and Dona presented the topic Obesity. Ethendra and Sanjana presented the topic Obesity and its management. After each presentation Inam sir discussed about their topics and students were cleared their doubts. The presentation was finished at 11:00 pm

➤ **Intercollegiate competition**

As part of Republic Day an intercollegiate essay and quiz competition was conducted on 23<sup>rd</sup> January 2020 at seminar hall. Student council of JSSCPT invited JSS College of speech and hearing, JSS school of nursing, JSS college of nursing and JSS College of Physiotherapy. Three colleges were participated in the program, like JSS College of Speech and Hearing, JSS School of Nursing and JSS college of Physiotherapy. The essay competition was started at 4:15 pm. There were 29 students participated in essay competition. Essay competition was conducted in four languages like English, Hindi, Malayalam and Kannada. The topic for the essay was 'role of youth for a better India'. After the essay, at 5pm quiz competition was conducted. There were 7 groups, in which each group includes 4 members. For quiz there were four rounds like general round, buzzer round, visual round and rapid fire round. It finished at 6:20 pm.

**Winners for Quiz competition**

1st- JSS College of physiotherapy

2nd- JSS College speech and hearing

3rd – JSS College of speech and hearing

Winners for essay competition

- English  
1<sup>st</sup>- Ananya mohan( JSS College of physiotherapy)  
2<sup>nd</sup> – Adrina ( JSS College of physiotherapy)
- Hindi  
1<sup>st</sup>- Vinod Kumar Sirvi( JSS College of physiotherapy)
- Malayalam  
1<sup>st</sup> - Don Jolly( JSS College of physiotherapy)  
2<sup>nd</sup> - Roshan Joy (JSS Scoop of Nursing)
- Kannada  
1<sup>st</sup>- Nagappa T( JSS College of physiotherapy)  
2<sup>nd</sup> – Nagendra ( JSS school of Nursing)

The prize distribution for the winners were held on 26<sup>th</sup> January 2020, Republic day.

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Fazal Gafoor  
President, Student Council JSSCPT