

MILESTONES ACCORDING TO AGE

When baby is at 2 months

<u>Social/Emotional</u>	<u>Language communication</u>	<u>Cognitive(learning thinking and problem solving)</u>	<u>Movement and physical development</u>
<ul style="list-style-type: none"> • Can briefly calm himself [can bring hand to mouth and suck on hand] • Begins to smile at people • Tries to look at parent 	<ul style="list-style-type: none"> • Coos and make gurgling sounds • Turns head towards sound 	<ul style="list-style-type: none"> • Pays attention to face • Begins to follow things with eyes and recognize people at distance • Begins to act bored, cries, fussy if activity does not change 	<ul style="list-style-type: none"> • Can hold head up and begins to push up when lying and turning • Makes smoother movement with arm and leg

When baby is at 4 months

<u>Social/Emotional</u>	<u>Language communication</u>	<u>Cognitive(learning thinking and problem solving)</u>	<u>Movement and physical development</u>
<ul style="list-style-type: none"> • Smiles spontaneously especially at people • Copies some movement facial expression like smiling and frowning • Likes to play with people and might cry when playing stops 	<ul style="list-style-type: none"> • Begins to babble • Babbles with expression and copies sounds he hears • Cries in different ways to show hunger, pain or being tired 	<ul style="list-style-type: none"> • Let you know if he or she is happy or sad • Responds to affection • Reaches for toy with one hand • Uses hand and eyes together such as seeing a toy and reaches for it 	<ul style="list-style-type: none"> • Holds head steady and supported • Pushes down on legs when feet are on hard surface • May be able to roll over from tummy to back • Can hold a toy and shake it and swing also. • Brings hand to mouth • When lying on stomach pushes up to elbows

MILESTONES ACCORDING TO AGE

When baby is at 6 months

<u>Social/Emotional</u>	<u>Language communication</u>	<u>Cognitive(learning thinking and problem solving)</u>	<u>Movement and physical development</u>
<ul style="list-style-type: none"> • Knows familiar faces and begins to know if someone is a stranger • Likes to play with others especially parents • Responds to other people emotions and often seems happy • Likes to look at self in a mirror 	<ul style="list-style-type: none"> • Responds to sound by making sound • Strings vowels together when babbling(ah*eh*oh) and likes taking turns with parents while making sounds • Responds to own name • Makes sound to show joy and displeasure • Begins to say constant vowels (jebbering ,m*b) 	<ul style="list-style-type: none"> • Looks around at things near by • Shows curiosity about things and tries to get things that are out of reach • Brings things to mouth • Begins to pass things from one hand to another 	<ul style="list-style-type: none"> • Rolls over both direction (front to back and vice versa) • When standing support weight on legs • Begins to sit with out support • Rocks back and forth, sometimes crawling backward before moving forward

When baby is at 9 months

<u>Social/Emotional</u>	<u>Language communication</u>	<u>Cognitive(learning thinking and problem solving)</u>	<u>Movement and physical development</u>
<ul style="list-style-type: none"> • May be afraid of strangers • May be clingy with familiar adults 	<ul style="list-style-type: none"> • Understands no • Makes a lot different sounds like mamma and baba • Copies sounds and gestures of others • Use finger to point at things 	<ul style="list-style-type: none"> • Watches the path of something as it falls • Look for things he sees you hide • Pays peak-a-bow • Puts things in her mouth 	<ul style="list-style-type: none"> • Stands holding on • Crawls • Can get into sitting position • Pulls to stand

When baby is at 12 months

MILESTONES ACCORDING TO AGE

<u>Social/Emotional</u>	<u>Language communication</u>	<u>Cognitive(learning thinking and problem solving)</u>	<u>Movement and physical development</u>
<ul style="list-style-type: none"> • Child is shy or nervous with strangers • Cries when mother or father leaves • Has favourite things or people • Shows fear in some situation • Hands you a book when he wants to hear a story • Reports sounds or actions to get attention • Puts out arm or leg to help with dressing • Plays games 	<ul style="list-style-type: none"> • Responds to simple spoken request • Uses single gesture like shaking head no or waving bye -bye • Makes sounds with changes in tone • Says mama and dada and exclamation like uh-oh • Tries to say words you say 	<ul style="list-style-type: none"> • Explores things in different ways • Finds hidden things easily • Looks at the right picture or thing when it is named • Copies gestures • Put things in a container, takes things out of a container • Bang two things together • Starts uses things correctly for example drinking from a cup, • Lets things go with out help • Follow simple direction 	<ul style="list-style-type: none"> • Gets to a sitting position with out help • Pulls up to stand walks holding on to furniture • May take a few steps with out holding on • May stand alone

When baby is at 18 months

<u>Social/Emotional</u>	<u>Language communication</u>	<u>Cognitive(learning thinking and problem solving)</u>	<u>Movement and physical development</u>
<ul style="list-style-type: none"> • Likes to hand things to others as play • May have temper and tantrums • May be afraid of strangers • Show affection to familiar people • Play simple pretend, such as feeding a doll • May cling to caregivers in new situations • Points to show others something interesting 	<ul style="list-style-type: none"> • Say several words • Says and shakes head 'no' • Points to show some1 what he wants 	<ul style="list-style-type: none"> • Knows what ordinary things are for ex: telephone, brushes, spoon • Points to one body part • Shows interest in a doll or stuffed animal by pretending to feed • Points to get the attention of others • Scribbles on his own • Can follow 1 step verbal commands with out any 	<ul style="list-style-type: none"> • Walks alone • Many walk up steps and run • Pulls toys while walking • Can help undress himself • Drinks from a cup • Eats with a spoon.

MILESTONES ACCORDING TO AGE

<ul style="list-style-type: none">• Explores alone but with parent close by		gestures for ex: sits when u say sit down	
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