

**JSS COLLEGE OF PHYSIOTHERAPY**

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**JSSCPT/CDC(UG)/01(04)/2022-23**

**Date:1/06/2023**

**Ist YEAR UNIT PLAN FOR THE MONTH OF JUNE 2023**

<b>Date</b>	<b>9-10</b>	<b>10-11</b>	<b>11.15-12</b>	<b>12-1</b>	<b>2-3</b>	<b>3-4</b>	<b>4-5</b>
<b>01/06/23 Thursday</b>	Psychology		Sociology		<b>Assignment</b> Draw & label stress-strain graph of Bone, ligaments, tendon & Muscles	Basic Nursing	<b>Physical education</b>
<b>02/06/23 Friday</b>	Biochemistry	Anatomy	Biochemistry	Physiology	Anatomy		<b>Physical education</b>
<b>03/06/23 Saturday</b>	Mentor-Mentee session	<b>Supervised Practical hour</b> Joint Structure and Function (Mohini)		<b>SDL</b>			
<b>05/06/23 Monday</b>	<b>Physiopedia course</b> Biomechanics of Shoulder Complex		<b>Biomechanics</b> Elbow-Joint-Humeroulnar & Humeroradial articulations (SDL) (VSR)		Anatomy	Physiology	<b>Physical education</b>
<b>06/06/23 Tuesday</b>	<b>Biomechanics</b> Joint function Kinematic chains joint motion (MR)		Library	Sociology	<b>Biomechanics</b> Structure of Hip joint (Mohini)		<b>Physical education</b>

<b>07/06/23</b> <b>Wednesday</b>	Physiology		Anatomy	Physiology	Physiology	Anatomy	<b>Physic al educati on</b>
<b>08/06/23</b> <b>Thursday</b>	Psychology		Sociology		<b>Biomechanics</b> Elbow Joint <b>(VSR)</b>	Basic nursing	<b>Physic al educati on</b>
<b>09/06/23</b> <b>Friday</b>	Biochemistry	Anatomy	Biochemistry	Physiology	Anatomy		<b>Physic al educati on</b>
<b>10/06/23</b> <b>Saturday</b>		Supervised Practical class Muscle structure and function <b>(Naresh)</b>		SDL			
<b>12/06/23</b> <b>Monday</b>	<b>Biomechanics</b> Articular surfaces and muscles of the Temporomandibular joint <b>(TSN)</b>		<b>Biomechanics</b> Mobility and Stability of Elbow Complex <b>(VSR)</b>		Anatomy	Physiology	<b>Physic al educati on</b>
<b>13/06/23</b> <b>Tuesday</b>	<b>Biomechanics</b> General effects of disease, injury, immobilization of joint <b>(MR)</b>		Library	Sociology	<b>Biomechanics</b> Muscles and Ligaments of Hip joint <b>(Mohini)</b>		<b>Physic al educati on</b>
<b>14/06/23</b> <b>Wednesday</b>	Physiology		Anatomy	Physiology	Physiology	Anatomy	<b>Physic al educati on</b>
<b>15/06/23</b> <b>Thursday</b>	Psychology		Sociology		<b>Assignment</b> Muscle attachment of TMJ joint	Basic nursing	<b>Physic al educati on</b>
<b>16/06/23</b> <b>Friday</b>	Biochemistry	Anatomy	Biochemistry	Physiology	Anatomy		<b>Physic al educati on</b>

<b>17/06/23</b> <b>Saturday</b>		Supervised Practical class Elbow Complex (VSR)		SDL			
<b>19/06/23</b> <b>Monday</b>	<b>Biomechanics</b> Movements of Temporomandibular joint (TSN)		<b>Biomechanics of Elbow Joint</b> Effects of immobilization (VSR)		Anatomy	Physiology	<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>20/06/23</b> <b>Tuesday</b>	<b>Biomechanics</b> Structure and function of Knee Joint (Naresh)		Library	Sociology	<b>Biomechanics</b> Hip joint (P) (Mohini)		<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>21/06/23</b> <b>Wednesday</b>	Physiology		Anatomy	Physiology	Physiology	Anatomy	<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>22/06/23</b> <b>Thursday</b>	Psychology		Sociology		<b>Class test</b>	Basic Nursing	<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>23/06/23</b> <b>Friday</b>	Biochemistry	Anatomy	Biochemistry	Physiology	Anatomy		<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>24/06/23</b> <b>Saturday</b>	<b>Holiday</b>						
<b>26/06/23</b> <b>Monday</b>	<b>Biomechanics</b> Temporomandibular joint(P) (TSN)		<b>Biomechanics</b> Structure of Vertebral Column (VSR)		Anatomy	Physiology	<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>

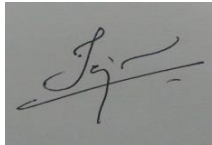
<b>27/06/23</b> <b>Tuesday</b>	<b>Biomechanics</b> Muscle attachments and its function (Naresh)		Library	Sociology	<b>Seminar</b> Hip Joint (Mohini)		<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>28/06/23</b> <b>Wednesday</b>	Physiology		Anatomy	Physiology	Physiology	Anatomy	<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>
<b>29/06/23</b> <b>Thursday</b>	<b>Bakrid Holiday</b>						
<b>30/06/23</b> <b>Friday</b>	Biochemistry	Anatomy	Biochemistry	Physiology	Anatomy		<b>Physic</b> <b>al</b> <b>educati</b> <b>on</b>

**TSN-Tejaswini S N, VSR-Vijay Samuel Raj, MR-Mohammed Rashid.**

**Note: Fourth Saturday is Holiday**

Signature of class coordinator

Tejaswini S N



Signature of UG Coordinator

Dr. Renuka Devi

