

JSS COLLEGE OF PHYSIOTHERAPY

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JSSCPT/CDC(UG)/01(08)/2022-23

Date:05/10/2023

Ist YEAR UNIT PLAN FOR THE MONTH OF OCTOBER 2023

	9-10	10-11	11.15-12	12-1	2-3	3-4	4-5
02/10/23 Monday	Gandhi Jayanthi Holiday						
03/10/23 Tuesday	Biomechanics (IIIrd IA exam)		Sociology		Biomechanics Practical exam		
04/10/23 Wednesday	Self-practice Goniometer		Practical manual completion		Biomechanics Practical exam		
05/10/23 Thursday	Psychology		Sociology		Biomechanics Practical exam		Physical activity

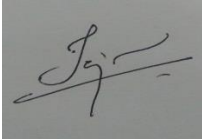
06/10/23 Friday	Ankle Complex (TSN)	SDL	Gait revision (Naresh)	Biomechanics Practical exam	
07/10/23 Saturday	PBL (TSN & Naresh)				
09/10/23 Monday	Posture Analysis (VSR)		Ankle complex (TSN)	REVISION Anatomy	
10/10/23 Tuesday	Self Practice (Movement Analysis) (VSR)	Posture Analysis (VSR)	Sociology Revision	REVISION Anatomy	
11/10/23 Wednesday	Supervised practical's Posture Analysis (VSR)		Biomechanics of Thorax revision (Dr. MRD)	REVISION Anatomy	
12/10/23 Thursday	Psychology		Sociology revision	Anatomy test	Physical activity
13/10/23 Friday	Goniometer Practical's (TSN)		REVISION Physiology	PBL (TSN & Naresh)	
14/10/23 Saturday	HOLIDAY				
16/10/23 Monday	Movement Analysis Revision (VSR)		Physiopedia Course	REVISION Physiology	
17/10/23 Tuesday	Biomechanics of Hip complex revision(Naresh)		Biomechanics Shoulder complex revision(TSN)	REVISION Physiology	

18/10/23 Wednesday	Goniometer revision (TSN)	Biomechanics of Elbow complex revision (VSR)	REVISION Physiology	
19/10/23 Thursday	Psychology revision	Physiopedia course	REVISION Physiology	
20/10/23 Friday	Biomechanics of Knee revision (Naresh)	Biomechanics of Shoulder Complex(TSN)	Physiology test	
21/10/23 Saturday	PBL Session			
23/10/23 Monday	Dasera Holiday			
24/10/23 Tuesday	Dasera Holiday			
25/10/23 Wednesday	Biomechanics of wrist & hand revision (Vaishnavi)	Physiopedia course	REVISION Biochemistry	
26/10/23 Thursday	Supervised practical's Goniometer (TSN)	Biomechanics of the vertebral column-revision (VSR)	REVISION Biochemistry	
27/10/23 Friday	Surface marking (TSN)	Practical manual completion	REVISION Biochemistry	Student Council exit meeting
28/10/23 Saturday	HOLIDAY			
30/10/23 Monday	Biomechanics of the vertebral column-revision (VSR)	PBL report submission	REVISION Biochemistry	
31/10/23 Tuesday	Biomechanics of ankle complex-revision (TSN)	Physiopedia Course	Biochemistry test	Physical activity

TSN-Tejaswini S N, VSR-Vijay Samuel Raj, MRD-Dr.M. Renuka Devi

Signature of class coordinator

Tejaswini S N



Signature of UG Coordinator

Dr. Renuka Devi

