

**JSSCOLLEGE OF PHYSIOTHERAPY**

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**JSSCPT/CDC(UG)/01(02)/2022-23**

**Date:31/04/2023**

**Ist YEAR UNIT PLAN FOR THE MONTH OF APRIL 2023**

<b>Date</b>	<b>9-10</b>	<b>10-11</b>	<b>11.15-12</b>	<b>12-1</b>	<b>2-3</b>	<b>3-4</b>	<b>4-5</b>
<b>1/04/23 Saturday</b>	<b>Academic Week Celebration</b>						
<b>3/04/23 Monday</b>	Biomechanics Introduction to Kinetics and Kinematics (MR)		<b>Library</b>		<b>Anatomy</b>	<b>Physiology</b>	<b>Physical education</b>
<b>4/04/23 Tuesday</b>	<b>Mahaveer Jayanthi Holiday</b>						
<b>5/04/23 Wednesday</b>	Physiology		Anatomy	Physiology	Physiology	Anatomy	<b>Physical education</b>

<b>6/04/23</b> Thursday	Psychology	Sociology	Class test (Kinetics and Kinematics) <b>(JK)</b>	Basic Nursing	<b>Physical education</b>	
<b>7/04/23</b> Friday	<b>Good Friday Holiday</b>					
<b>8/04/23</b> Saturday	Mentor-Mentee Session	Biomechanics Practical's Kinetics and Kinematics (Basics) <b>(Vaishnavi/Jeevanathan)</b>				
<b>10/04/23</b> Monday	Biomechanics Revision Class <b>(JK)</b>	Biomechanics Structure and components of the Shoulder Complex <b>(TSN)</b>	<b>SDL</b>	Anatomy	Physiology	<b>Physical education</b>
<b>11/04/23</b> Tuesday	Biomechanics Description of Motions <b>(MR)</b>	Biomechanics Introduction to Force <b>(VSR)</b>	Sociology	<b>Class test</b> (Lever System) <b>(TSN)</b>	<b>Revision Class</b> (Ken hub) <b>(TSN)</b>	<b>Physical education</b>
<b>12/04/23</b> Wednesday	Physiology	Anatomy	Physiology	Anatomy	<b>Physical education</b>	
<b>13/04/23</b> Thursday	Psychology	Sociology	<b>Assignment</b> (SC & AC joints of Shoulder) <b>(TSN)</b>	Basic Nursing	<b>Physical education</b>	

<b>14/04/23</b> <b>Friday</b>	<b>AMBETKAR JAYANTHI HOLIDAY</b>					
<b>15/04/23</b> Saturday	<b>Mentor - Mentee Session</b>	Biomechanics Practical's Demonstration of the skeletal model on type of motion <b>(Vaishnavi/ Jeevanathan)</b>				
<b>17/04/2023</b> <b>Monday</b>	<b>Biomechanics</b> Revision Class <b>(JK)</b>	<b>Biomechanics</b> Structure and components of Shoulder complex <b>(TSN)</b>	<b>SDL</b>	Anatomy	Physiology	<b>Physical education</b>
<b>18/04/223</b> <b>Tuesday</b>	Biomechanics Parallel force system <b>(MR)</b>	Biomechanics Reaction of Force and concurrent force system <b>(VSR)</b>	Sociology	<b>Seminar</b> (Force -Internal and External force) <b>(JK)</b>	<b>Revision Class</b> (Ken hub) <b>(TSN)</b>	<b>Physical education</b>
<b>19/04/23</b> <b>Wednesday</b>	Physiology	Anatomy	Physiology	Physiology	Anatomy	<b>Physical education</b>
<b>20/04/23</b> <b>Thursday</b>	Psychology		Sociology	<b>Assignment</b> (GH & ST joints of Shoulder) <b>(JK)</b>	Nursing	<b>Physical education</b>
<b>21/04/23</b> <b>Friday</b>	Biochemistry	Anatomy	Biochemistry	Physio logy	Anatomy	<b>Physical education</b>
<b>22/04/23</b> <b>Saturday</b>	<b>Ramzan Holiday</b>					
<b>24/04/23</b> <b>Monday</b>	<b>1st Internal Assessment</b> <b>Anatomy</b>		Biomechanics Static and dynamic stabilizers of Shoulder <b>(TSN)</b>	Anatomy	Physiolog y	<b>Physical education</b>



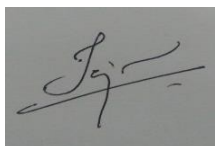
<b>25/04/23</b> <b>Tuesday</b>	<b>Ist Internal Assessment</b> <b>Physiology</b>	Library	Sociology	<b>Physiopedia</b> <b>course</b> (Biomechanics of shoulder Joint)	Revision (Dr. Najib Video)	<b>Physical</b> <b>education</b>
<b>26/04/23</b> <b>Wednesday</b>	<b>Ist Internal Assessment</b> <b>Biochemistry</b>	<b>Biomechanics</b> <b>Practical Exam</b> <b>(Batch A)</b>		Physiology	Anatomy	<b>Physical</b> <b>education</b>
<b>27/04/23</b> <b>Thursday</b>	<b>Ist Internal Assessment</b> <b>Biomechanics</b>	Sociology		Library	Nursing	<b>Physical</b> <b>education</b>
<b>28/04/23</b> <b>Friday</b>	<b>Ist Internal Assessment</b> <b>Psychology &amp;</b> <b>Sociology</b>	<b>Biomechanics</b> <b>Practical Exam</b> <b>(Batch B)</b>		Anatomy		<b>Physical</b> <b>education</b>
<b>29/04/23</b> <b>Saturday</b>	<b>HOLIDAY</b>					

**TSN-Tejaswini S N, JK-Jeevanathan Kugan, VSR-Vijay Samuel Raj, MR-Mohammed Rashid**

**Note: Fourth Saturday is Holiday**

Signature of class coordinator

Tejaswini S N



Signature of UG Coordinator

Dr. Renuka Devi

