

**JSS College Of Physiotherapy, Mysuru**

**III Year BPT ODD batch Unit Plan December 2022**

Date	8-9	9-10	10-11	11-12	12-1	2-3	3-4	4-5	
<b>1-12-2022 Thursday</b>	Clinical ortho	<b>Clinical postings</b>				Clinical Ortho		Physical education	
<b>2-12-2022 Friday</b>						Physiope dia	Library	Physical education	
<b>3-12-2022 Saturday</b>		Clinical postings		General Medicine					
<b>5-12-2022 Monday</b>		Clinical Postings				General Medicine	Arthrodesis & Osteotomy Arthroplasty – partial and total excision Arthroplasty, excision Arthroplasty with implant, interposition. Soft tissue release tenotomy, myotomy, lengthening Arthroscopy Reattachment of limbs Synovectomy – <b>UHM</b>		
<b>6-12-2022 Tuesday</b>						General Medicine	Humidification & Nebulization (Definition, physiological basis ,types of humidifiers and hazards , Physiological basis)- <b>TSN</b>		
<b>7-12-2022 Wednesd ay</b>						Dislocation of SC joint - subluxation of AC joint - dislocation of shoulder - <b>VSR</b>		<b>SDL</b> - Clinical anatomy and biomechanics of shoulder complex - <b>UHS/VSR</b>	
<b>8-12-2022 Thursday</b>	Clinical ortho					Clinical Ortho		<b>Assignment</b> – Fracture Rehabilitation - <b>UHS</b>	
<b>9-12-2022 Friday</b>						General Medicine	ETT (Exercise tolerance test) Indication, Relative and absolute Contra indication, Criteria for termination, equipment, preparation, monitoring and interpretation.- <b>MRD</b>		
<b>10-12-2022 Saturday</b>		<b>PTM</b>		General Medicine					
<b>12-12-2022 Monday</b>		Clinical Postings				General Medicine	Arthrodesis & Osteotomy Arthroplasty – partial and total excision Arthroplasty, excision Arthroplasty with implant, interposition. Soft tissue release tenotomy, myotomy, lengthening Arthroscopy Reattachment of limbs Synovectomy – <b>UHM</b>		

13-12-2022 Tuesday				General Medicine	ECG & ABG(Arterial Blood Gas Analysis)- <b>TSN</b>	
14-12-2022 Wednesday				Dislocation of SC joint - subluxation of AC joint - dislocation of shoulder - <b>VSR</b>	<b>SDL – Cardio</b>	
15-12-2022 Thursday	Clinical ortho			Clinical Ortho	Assignment - Cardio	
16-12-2022 Friday				General Medicine	PFT(Pulmonary Function Test) Indications, contraindication, equipment, administration, interpretation, grading - <b>MRD</b>	
17-12-2022 Saturday		Mentor meeting	PBL – PT ortho – <b>UHM / VSR</b>	General Medicine		
19-12-2022 Monday		Clinical Postings			General Medicine	Rehabilitation of fractures around the shoulder: -fracture clavicle -fracture of scapula -Fracture of surgical neck of humerus -Fracture of GT -Fracture shaft of humerus – <b>UHM</b>
20-12-2022 Tuesday				General Medicine	Investigations for PVD (Arteries and Veins) -special test Radiological investigations of arteries and veins <b>TSN</b>	
21-12-2022 Wednesday				Soft tissue injuries around shoulder and its management -bursitis - Impingement syndrome - Rotator cuff tendinopathy - tendinitis/ tendinosis - scapula dysfunctions - ligament injuries - capsular/labrum tear, - neuropathies - <b>VSR</b>	<b>SDL- clinical Anatomy and biomechanics of elbow joint – VSR/UHM</b>	
22-12-2022 Thursday	Clinical ortho			Clinical Ortho	Practical revision – Mobilization - <b>UHM</b>	
23-12-2022 Friday				General Medicine	Ventilators (Types, physiological basis, modes, settings and complications)- <b>TSN</b>	
24-12-2022 Saturday		SCALB submission	PBL – Cardio – <b>TSN / MRD</b>	General Medicine		

<b>26-12-2022 Monday</b>		Clinical Postings			General Medicine	Rehabilitation of fractures around the shoulder: -fracture clavicle -fracture of scapula -Fracture of surgical neck of humerus -Fracture of GT -Fracture shaft of humerus - <b>UHM</b>
<b>27-12-2022 Tuesday</b>		General Medicine	Radiology-Surface anatomy chest, Normal Xray, Abnormal different condition, Technical Errors - <b>MRD</b>			
<b>28-12-2022 Wednesday</b>		Soft tissue injuries around shoulder and its management -bursitis - Impingement syndrome - Rotator cuff tendinopathy - tendinitis/ tendinosis - scapula dysfunctions - ligament injuries - capsular/labrum tear, - neuropathies - <b>VSR</b>			<b>SDL – Cardio</b>	
<b>29-12-2022 Thursday</b>		Clinical ortho	Clinical Ortho			Self-practice – cardio practical
<b>30-12-2022 Friday</b>					General Medicine	Oxygen Therapy (Objectives, indication, flow systems, complications)- <b>MRD</b>
<b>31-12-2022 Saturday</b>		SCALB / Practical manual submission	PBL – Ortho – VSR / UHM	General Medicine		

(UHM – Uma H M, TSN – Tejaswini SN, MRD – M Renukadevi, VSR – Vijay Samuel Raj V)

**Class Coordinator**

Uma H M

**UG Coordinator**

M Renuka Devi