

## JSS College of Physiotherapy, Mysuru

### Third year BPT Unit plan April 2023

Reference: JSSCPT /III BPT / 02/ April 2023

Date: 31-3-2023

Date	9-10	10-11	11-12	12-1	2-3	3-4	4-5
<b>1-4-23</b> <b>Saturday</b>	Academic day program						
<b>3-4-23</b> <b>Monday</b>							
<b>4-4-23</b> <b>Tuesday</b>	Clinical postings			General surgery	General medicine	Bronchial hygiene techniques – postural drainage, manual techniques – ACBT, AD, coughing and huffing, assisted coughing - <b>TSN</b>	
<b>5-4-23</b> <b>Wednesday</b>	Clinical postings			General surgery	Clinical anatomy and biomechanics of shoulder complex – <b>PG seminar – Samhitha (moderator -VSR)</b>	Practical manual – Shoulder joint – <b>(monitoring - Samhitha and Rakshith) Kavitha</b>	
<b>6-4-23</b> <b>Thursday</b>	Clinical postings				General medicine	Rehabilitation of fractures around the shoulder: -fracture clavicle - fracture of scapula - <b>VSR</b>	
<b>7-4-23</b> <b>Friday</b>							
<b>8-4-23</b> <b>Saturday</b>	Mentor mentee meeting	Practicals PT ortho (shoulder joint evaluation – <b>Samhitha and Rakshith</b> ) / PT cardio (PD, AD, ACBT – <b>Subhendu and shraddha-TSN</b> )		Clinical ortho			
<b>10-4-23</b> <b>Monday</b>	Clinical postings			Clinical ortho	General medicine	Fracture of surgical neck of humerus -Fracture of GT - Fracture shaft of humerus – seminar Rakshith (Moderator <b>VSR/ UHM</b> )	
<b>11-4-23</b> <b>Tuesday</b>	Clinical postings			General surgery	General medicine	Mechanical devices – PEP, flutter, HFCWCO – <b>TSN</b>	
<b>12-4-23</b> <b>Wednesday</b>	Clinical postings			General surgery	PT management of dislocation of SC joint -subluxation of AC joint -dislocation of shoulder - <b>VSR</b>		Library
<b>13-4-23</b> <b>Thursday</b>	Clinical postings				General medicine	PT management in Arthroplasty and total replacement of shoulder - <b>VSR</b>	
<b>14-4-23</b> <b>Friday</b>							

<b>15-4-23 Saturday</b>	Mentor mentee meeting	Case discussion - fractures around the shoulder and soft tissue surgeries - video – <b>VSR and MSK PGs</b>	Clinical ortho		
<b>17-4-23 Monday</b>	Clinical postings		Clinical ortho	General medicine	Soft tissue injuries around shoulder – <b>seminar Rakshith</b> PT management of -bursitis - Impingement syndrome -Rotator cuff tendinopathy -tendinitis – <b>VSR</b>
<b>18-4-23 Tuesday</b>	Clinical postings		General surgery	General medicine	Investigations ECG– <b>TSN</b>
<b>19-4-23 Wednesday</b>	Clinical postings		General surgery	PT management in Scapula dysfunctions - ligament injuries - capsular/labrum tear, - neuropathies - <b>VSR</b>	PT Management of Degenerative condition of shoulder -Periarthritis of shoulder – <b>UHM</b>
<b>20-4-23 Thursday</b>	Clinical postings			General medicine	Case discussion on Rotator cuff repair, PA shoulder. TBC in shoulder conditions – <b>MPT I and Rakshitha – (Moderator VSR / Kavitha)</b>
<b>21-4-23 Friday</b>	Clinical postings			General medicine	Lung expansion techniques – breathing exercises, neurophysiology of respiration - <b>MRD</b>
<b>22-4-23 Saturday</b>					
<b>24-4-23 Monday</b>	Clinical postings		Clinical ortho	<b>First IA theory – General Medicine</b>	<b>OSPE / OSCE PT ortho practical</b>
<b>25-4-23 Tuesday</b>	Clinical postings		General surgery	<b>First IA theory – PT ortho</b>	<b>PT ortho practical exam</b>
<b>26-4-23 Wednesday</b>	<b>PT ortho practical exam</b>		General surgery	<b>First IA theory – PT cardio</b>	<b>OSPE / OSCE PT cardio practical exam</b>
<b>27-4-23 Thursday</b>	Clinical postings			General medicine	Physiopedia – introduction to Shoulder – (Followed by Assignment - <b>VSR</b> )
<b>28-4-23 Friday</b>	Clinical postings			General medicine	Coping strategies - <b>MRD</b>
<b>29-4-23 Saturday</b>					

(MRD – M Renukadevi, VSR – Vijay Samuel Raj, TSN – Tejaswini S N, UHM-Uma H M, Mukund)

Class coordinator

Uma H M

UG coordinator

Dr. M Renukadevi