

Department of Community Health

MPT Unit Plan

June 2023

Aim: Understand various principles and rationale used in health education program and various communication strategy used during patient interaction

Date	Specific objective	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6:30	Assessment	Topics being addressed
1	Health education and its principle	Library Communication skills , various techniques in different types of patients in hospital posting	Clinical posting- Use of various forms of communications methods for patients Submission of certificate courses from global health learning center- Part I: Introduction to Impact Evaluation of Health Communication Programs Exercise therapy class on Monday and Tuesday 11-1pm Total clinical hours 32				L U N C H B R E A K	Thesis related work in library Tuesday and Thursday 2-3 pm case presentation			Home care		Paper I Health education
2													
3													
5													
6													
7-10											2500 word paper on Principles and guidelines for development of health information education and communication		
11	Sunday												

Aim: To understand the role of technology in health care system

Date	Specific objective	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6:30	Assessment	Topics being addressed
12	Understand the role of technology in rehabilitation in relation with social and cultural	Library Explore on telerehabilitation and to standardize a protocol for the same	Clinical posting- To use modes of telerehabilitation in various patients seen in hospital and to follow-up for the same Exercise therapy class for II BPT on				L U N	Tuesday and Thursday 2-3pm case presentation			Home care		Paper II Technology in health care delivery
13													
14													
15													

16	norms and patient preferences		Monday, Tuesday 11-1 Total clinical hours this week= 20 Submission of certificate courses from global health learning centre- M health basics- introduction to mobile health	C H B R E A K	Care anthropology on 14th Thesis related work in library			
17							2500 word paper of usage of telerehabilitation in physiotherapy	
18	Sunday							

Aim: To understand physiological, psychological and functional changes in ageing

Date	Specific objective	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6:30	Assessment	Topics being addressed
19	Understand various theories of ageing and physiological, psychological and functional changes of ageing	Explore on physiological changes and its impact on functional outcome of geriatric individuals	Clinical posting- To use various tools, tests and outcome measures in cases of geriatric population and create a functioning profile using ICF framework Exercise therapy class for II BPT on Monday, Tuesday, 11-1 Total clinical hours this week= 16	L U N C H B R E A K	Tuesday and Thursday case presentation Monday Wednesday and Friday- Demonstration of geriatric fitness battery and safe falling						Home care		Paper II Gerontology
20													
21													
22													
23													
24											2500 word paper of usage of ICF framework in evaluation of geriatric cases and how does ageing has an impact of functional capacity of the individual and factors to be considered when designing an rehabilitation		
25	Sunday												

Aim: To understand the steps in neurological evaluation

Date	Specific objective	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6:30	Assessment	Topics being addressed
26	Understand the difference in UMN and LMN symptoms. Steps used in neurological evaluation and screening in conditions of brain	Library- Anatomical and physiology of brain	Clinical posting to consider the conditions of brain – CVA, TBI, PD etc.. Exercise therapy class for II BPT on Monday, Tuesday, Wednesday, Friday and Saturday 11-1 Total clinical hours this week= 16				L	Tuesday and Thursday case presentation Monday Wednesday and Friday- Evaluation of brain and commonly used outcome measures			Home care		Paper II Rehabilitation
27							U						
28							N						
29							C						
30							H						
	B												
	R												
	E												
	A												
	K												

Total clinical hours scheduled this month: 84. Number of days attended:

End of month submissions

In addition to the assignments, a list of clinical cases, with full evaluation, SOAP documentation and a reflective statement must be given.

Sandeep.PH

