

JSS college of Physiotherapy, Mysuru

MSK MPT – I-unit plan October 2023

Date: 5-10-23

Date	9-10	10-11	11-12	12-1	2-3	3-4	4-5
1-10-23 Sunday	Sunday duty						
2-10-23 Monday	Holiday patient care						
3-10-23 Tuesday	Clinical postings						
4-10-23 Wednesday	Clinical postings						Case discussion – all PGs
5-10-23 Thursday	Clinical postings						Case discussion and documentation – all PGs
6-10-23 Friday	Clinical postings					Energy cost of activity – Uma	
7-10-23 Saturday	Clinical postings						
8-10-23 Sunday	Sunday duty						
9-10-23 Monday	Practical exam						
10-10-23 Tuesday	Practical exam						
11-10-23 Wednesday	Clinical postings					Physiology of Movement and its application in musculoskeletal disease, Injury and Dysfunction – Uma	
12-10-23 Thursday	Clinical postings				Applied yoga in MSK conditions – Rajendra auditorium		
13-10-23 Friday	Clinical postings					Biomechanics of spinal joints - VSR	
14-10-23 Saturday	Holiday duty						
15-10-23 Sunday	Sunday duty						
16-10-23 Monday	Clinical postings					Measurement of Exercise capacity - MRD	
17-10-23 Tuesday	Clinical postings					JC – lumbar spine – all PGs	
18-10-23 Wednesday	Clinical postings					Gait development in Children - Preethi	
19-10-23 Thursday	Clinical postings						
20-10-23 Friday	Clinical postings						Assignment - Basic concepts of

		Exercise metabolism – submit in teams
21-10-23 Saturday	Clinical postings	
22-10-23 Sunday	Sunday duty	
23-10-23 Monday	Holiday duty	
24-10-23 Tuesday	Holiday duty	
25-10-23 Wednesday	Clinical postings	Seminar on Lumbar spine special tests – Vrushali Moderator – Uma
26-10-23 Thursday	Clinical postings	
27-10-23 Friday	Clinical postings	Seminar on - Traumatic conditions of lumbar spine – Sushmita Moderator – Uma
28-10-23 Saturday	Holiday duty	
29-10-23 Sunday	Sunday duty	
30-10-23 Monday	Clinical postings	Seminar on Soft tissue injuries of lumbar spine – sai Prakash
31-10-23 Tuesday	Clinical postings	Bed side Case presentation – all PGs

(Note: MRD-Dr M Renukadevi, VSR – Vijay Samuel Raj)

Class coordination

Uma H M

Principal

Dr Kavitha Raja