

## JSS College of Physiotherapy, Mysuru

### MSK MPT II Unit plan April 2023

| Date                               | 9-10                                      | 10-11   | 11-12  | 12-1   | 2-3 | 3-4   | 4-5 | Students signature |
|------------------------------------|---|---|--|--|-----|---|-----|--------------------|
| <b>1-4-23</b><br><b>Saturday</b>   | <b>Academic day program</b>               |   |  |  |     |   |     |                    |
| <b>3-4-23</b><br><b>Monday</b>     | Clinical postings                         |   |  |  |     |   |     |                    |
| <b>4-4-23</b><br><b>Tuesday</b>    |   |   |  |  |     |   |     |                    |
| <b>5-4-23</b><br><b>Wednesday</b>  | Clinical postings                         |   |  |  |     | Case presentation elbow joint – <b>Akshatha, Jacob, Rakshitha, Rejath (moderator – UHM)</b>               |     |                    |
| <b>6-4-23</b><br><b>Thursday</b>   | Clinical postings                         |   |  |  |     | Clinical postings   |     |                    |
| <b>7-4-23</b><br><b>Friday</b>     |   |   |  |  |     |   |     |                    |
| <b>8-4-23</b><br><b>Saturday</b>   | Clinical postings                         |   | UG teaching (III BPT) – special tests for shoulder joint - <b>Akshatha</b> |  |     |   |     |                    |
| <b>10-4-23</b><br><b>Monday</b>    | Clinical postings (movement science dept) |   |  |  |     |   |     |                    |
| <b>11-4-23</b><br><b>Tuesday</b>   | Clinical postings (movement science dept) |   |  |  |     |   |     |                    |
| <b>12-4-23</b><br><b>Wednesday</b> | Clinical postings (movement science dept) |   |  |  |     | Biomechanics of movement across lifespan - <b>UHM</b>   |     |                    |
| <b>13-4-23</b><br><b>Thursday</b>  | Clinical postings (movement science dept) |   |  |  |     | Case presentation – hand, wrist and forearm - <b>Akshatha, Jacob, Rakshitha, Rejath (moderator – UHM)</b> |     |                    |
| <b>14-4-23</b><br><b>Friday</b>    |   |   |  |  |     |   |     |                    |
| <b>15-4-23</b><br><b>Saturday</b>  | Library                                   | UG teaching (III BPT) – Outcome measures of shoulder joint - <b>Jacob</b> |  | Journal club discussion <b>with PG I – All PG II</b> |     |   |     |                    |
| <b>17-4-23</b><br><b>Monday</b>    | Clinical postings (sports dept)           |   |  |  |     | Seminar on Applied anatomy and pathomechanics of ankle joint - <b>Rakshitha – Moderator -Uma H M</b>      |     |                    |
| <b>18-4-23</b><br><b>Tuesday</b>   | Clinical postings (sports dept)           |   |  |  |     | Seminar on Clinical examination of ankle – <b>Jacob – Moderator – Uma</b>                                 |     |                    |

|                                    |                                   |  |   |
|------------------------------------|-----------------------------------|--|---|
| <b>19-4-23</b><br><b>Wednesday</b> | Sports dept clinical posting      |  | Seminar on Traumatic conditions of the Ankle –<br><b>Akshatha – Moderator – Uma</b>     |
| <b>20-4-23</b><br><b>Thursday</b>  | Sports dept clinical posting      | UG teaching –<br>TBC in shoulder pain -<br><b>Rakshita</b>   | Seminar on Soft tissue injuries of the ankle –<br><b>Rejath – Moderator Uma</b>         |
| <b>21-4-23</b><br><b>Friday</b>    | Sports dept clinical posting      |  |   |
| <b>22-4-23</b><br><b>Saturday</b>  |                                   |  |   |
| <b>24-4-23</b><br><b>Monday</b>    | Ortho OPD/ Out postings(optional) |  |   |
| <b>25-4-23</b><br><b>Tuesday</b>   | Ortho OPD/ Out postings(optional) |  |   |
| <b>26-4-23</b><br><b>Wednesday</b> | Ortho OPD/ Out postings(optional) |  | Case presentation – ankle joint - <b>Rejath and Rakshitha</b><br><b>Moderator – Uma</b> |
| <b>27-4-23</b><br><b>Thursday</b>  | Ortho OPD/ Out postings(optional) |  | Case presentation – ankle joint<br><b>Akshatha and Jacob</b>                            |
| <b>28-4-23</b><br><b>Friday</b>    | Ortho OPD/ Out postings(optional) |  | ICF Coresets in MSK –<br><b>Dr Kavitha</b>  |
| <b>29-4-23</b><br><b>Saturday</b>  | Ortho OPD/ Out postings(optional) | Journal club – Ankle joint – Akshatha, Jacob,<br><b>Rejath and Rakshitha</b><br><b>Moderator – Uma</b> |   |

**Class coordinator**

Uma H M

**Principal**

Dr. Kavitha Raja