

JSS College of Physiotherapy, Mysuru
MSK MPT -I fresh batch unit plan September 2023

Date: 12-9-23

Sl. no.	Date	Topic	Timings	Faculty	Remarks
1	15-9-23	Basic concepts of Musculoskeletal system – anatomy, physiology of MSk system, neuromuscular system	3-5 pm	Mrs Uma H M	
2	16-9-23	Assignment on Anthropometry and body composition		Mrs Uma H M	Should Submit on 22-9-23
3	25-9-23	Basic concepts of biomechanics	3-5 pm	Mrs Uma H M	
4	26-9-23	Assignment on growth and development of musculoskeletal system		Mrs Uma H M	Submission date 3-10-23
3	30-9-23	Concepts of energetics – energy, power, efficiency of movement, metabolic energy consumption	3-5 pm	Mrs Uma H M	

Class coordinator

Uma H M

Principal

Dr Kavitha raja