JSS COLLEGE OF PHYSIOTHERAPY
Department of Cardiopulmonary physiotherapy

UPPER ABDOMEN SURGERY

Name:		Age:	
Occupation:		Sex:	
Unit:		IP NO:	
Diagnosis			
Past history/co morbidities			
Chart review			

Objective assessment				
Vitals:	RR	PR	BP	SPO2

Surgery details	
Respiratory support/ other gadgets	
Level of consciousness	
Pain (VAS)	
Breathing pattern	
Posture/ Muscle guarding	
Cough effort	
Chest expansion/ Chest symmetry	

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LL Oedema/ swelling/ circulatory problems	
Abdomen examination	
On/Auscultation	
Borg's scale of RPE during activities	
Strength/ abdomen Core muscle strength	
Functional evaluation	
Problem list	
Short term goal (SMART)	
Long term goal	
Treatment	

Progress notes

Name	Age/sex:	OP NO:	Date:
Chest expansion / Thoracic mobility			
Oedema			
Strength/ abdomen Core muscle strength			

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Problem list	
Goals	
Treatment /Home programme (Exercise prescription)	
Follow up	

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