



JSS MAHAVIDYAPEETHA
JSS COLLEGE OF PHYSIOTHERAPY

RAMANUJA ROAD, MYSORE-570004

Phone No: 0821- 2548234

E-mail: jsscpt@jssonline.org

Workshop- Report

Topic: Autism spectrum disorders-role of Physiotherapy

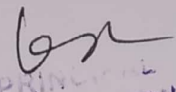
Resource person: Nalini Gupta

Date: 14/2/14

Venue: JSS CPT class room.

Total Number of registrants: 16

The objective of this workshop was to give updates on PT management for Autism disorders. The speaker has given detailed information about the current trend of PT management. JSSCPT PG students were the delegates.


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Ramanuja Road, Mysuru-04





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E-mail: jssept@jssonline.org

Workshop- Report

Topic: ~~Lumbar spine~~ balance rehabilitation

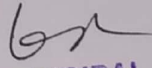
Resource person: Kartik Babu

Date: 02/02/2014

Venue: JSS CPT demonstration room.

Total Number of registrants: 16

The workshop commenced at 9AM. The PG students of JSS CPT were the delegates. The objectives of the workshop was to have practical knowledge of lumbar spine balance rehabilitation


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Workshop- Report

Topic: C -Reactive Protein –Its Role In Exercise Training

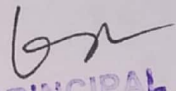
Resource person: Dr. Fiddy Davis

Date: 06/06/2013

Venue: JSS College of Physiotherapy demonstration hall.

Total Number of registrants: 30

Formal inauguration was done by Mrs. Renuka Devi, Asst.Proff JSSCPT. The seminar started at 10am. JSS college of Physiotherapy UG and PG students were the delegates. Certificates were distributed. The primary aim of the topic was to give knowledge about the role of C reactive protein in exercise training .


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JSS COLLEGE OF PHYSIOTHERAPY, MYSURU.

"CLINICAL NEURODYNAMICS"

WORKSHOP REPORT

JSS college of Physiotherapy, Mysuru conducted a Two day workshop on 23rd and 24th June 2017, on "Clinical Neurodynamics".

Inaugural Session:

The inaugural session was started at 9:00 am in Seminar hall of college with introduction of the resource person and the staff present during the session are Mr.Jakson k Joseph, Mrs.Belle Sharvani and Mr. Nityal Kumar.

Focus on the workshop:

The program aims at clinical reasoning and Clinical Neurodynamics for both upper and lower quadrants .

Session on 23rd June 2017

Day one:

- | | | |
|--------------|---|---|
| 9:00-9:30 | - | Introduction of speaker and Inaugural |
| | | Resource person : Dr.Ashokan arumugam PT.Phd |
| 9:30-11:00 | - | Introduction to clinical reasoning and models of practice |
| 11:00-11:15 | - | Tea/Snacks Break |
| 11:15-1:00 | - | Clinical reasoning and evaluation of lower back |
| 1:00-2:00 pm | - | Lunch |
| 2:00-3:15 | - | Practical application of neurodynamics on lower back |
| 3:15-3:30 | - | Tea/snacks break |
| 3:30-5:00 | - | Choric tennis elbow treatment approaches |

Session on 24th June 2017

Day Two

- | | | |
|------------|---|---|
| 9:00-9:30 | - | Evaluation of cervical spine and Clinical reasoning |
| | | Resource person : Dr.Ashokan arumugam PT.Phd |
| 9:30-11:00 | - | Evaluation and clinical reasoning on Upper limb |

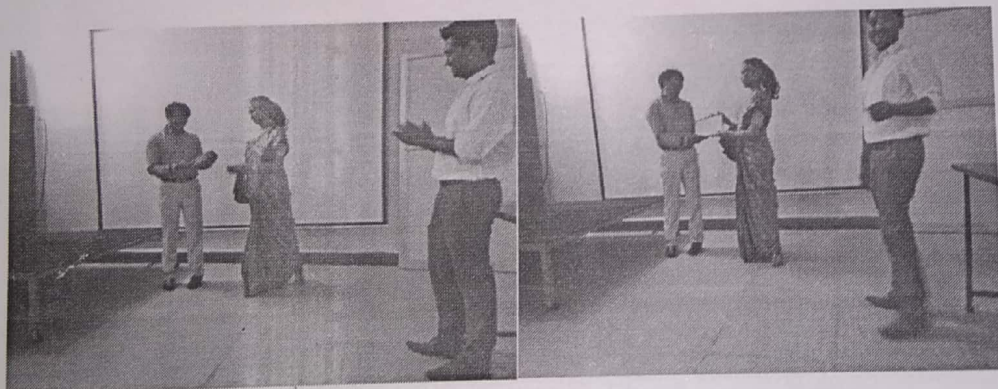


11:00-11:15	-	Tea/Snacks Break
11:15-1:00	-	Anterior dislocation of shoulder evaluation
1:00-2:00 pm	-	Lunch
2:00-3:15	-	Practical application of neurodynamics on upper back(Cervical spine)
3:15-3:30	-	Tea/snacks break
3:30-5:00	-	Chronic ankle pain treatment approaches
5:00-5:30	-	Feedback and Certificate Distribution

Concluding remarks:

The coordinators of the workshop has encapsulated the outcome of the workshop and concluded the workshop with a vote of thanks.

Photos:



Workshop coordinators:

1. Mr.Nityal kumar
2. Mr.Nagarjuna.N

N. Nagarjuna



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Phone No: 0821- 2548234

E-mail: jssept@jssonline.org

Workshop- Report

Topic: Clinical reasoning in physiotherapy

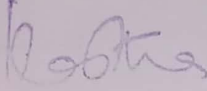
Resource person: T. Arjun

Date: 28th September 2016

Venue: JSS CPT Library

Total Number of registrants: 337

Mr. Arjun , is a clinical physiotherapist from UK. The main objective of the workshop was to guide students regarding clinical reasoning in Physiotherapy practice. The workshop was inaugurated by Dr. Kavitha Raja.


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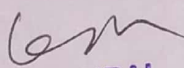
LIBRARY

REPORT

SEMINAR: Effective Learning.

Effective Learning.

JSS College of Physiotherapy ,Library as conducted Effective learning seminar in our college on 30 th August 2017 Mrs. Sheela Assistant Librarian, working in KSOU University, As a guest Lecturer to give a talk on the topic effective Learning for our students.The Schedule Programme will be held on 30th . In Seminar hall at JSS College of Physiotherapy. Time 3.00 P.M to 4.00 P.M. Mrs.Suvarna Asst. Librarian welcome the guest and Mrs. Sheela deliver the talk .It is helpful to our students. how to refer the books and key notes. How to study in the exam. what are the resources to required and study for the exam..Briefly explained for the students. and Dr.Annie Thomas Asst.Professor Vote of thanks.

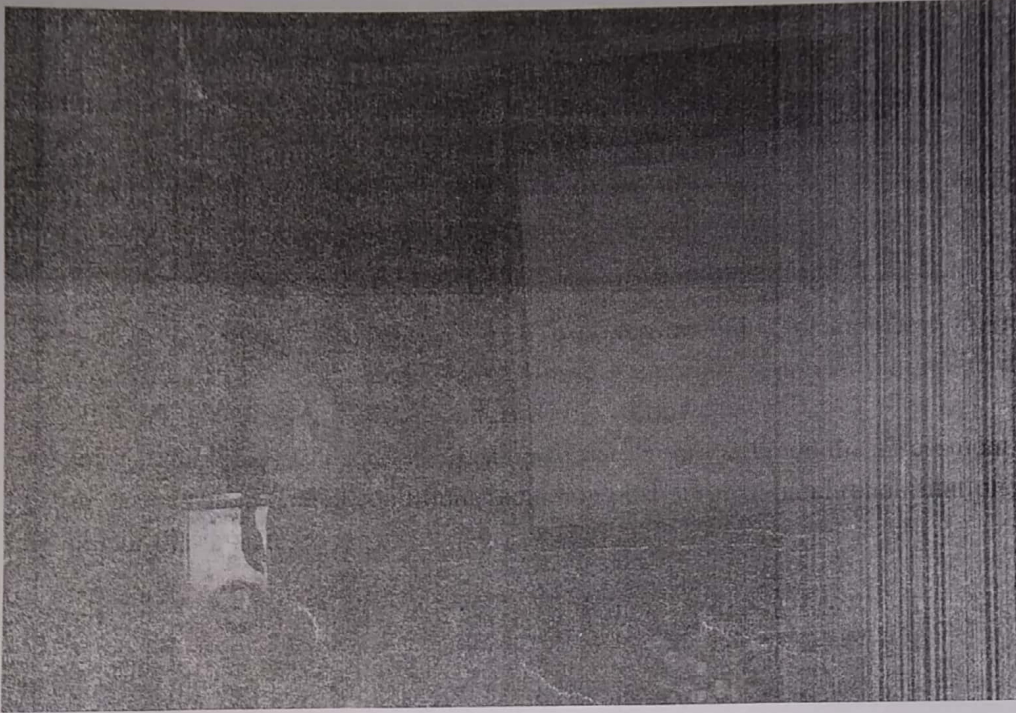

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November 23&24, 2015-Hand Rehabilitation

The PG conference-2 was followed by a two day workshop on hand rehabilitation conducted by Dr. Schreuders of Hands Across Borders, an organization committed to improving hand rehabilitation globally. 40 delegates attended the workshop .

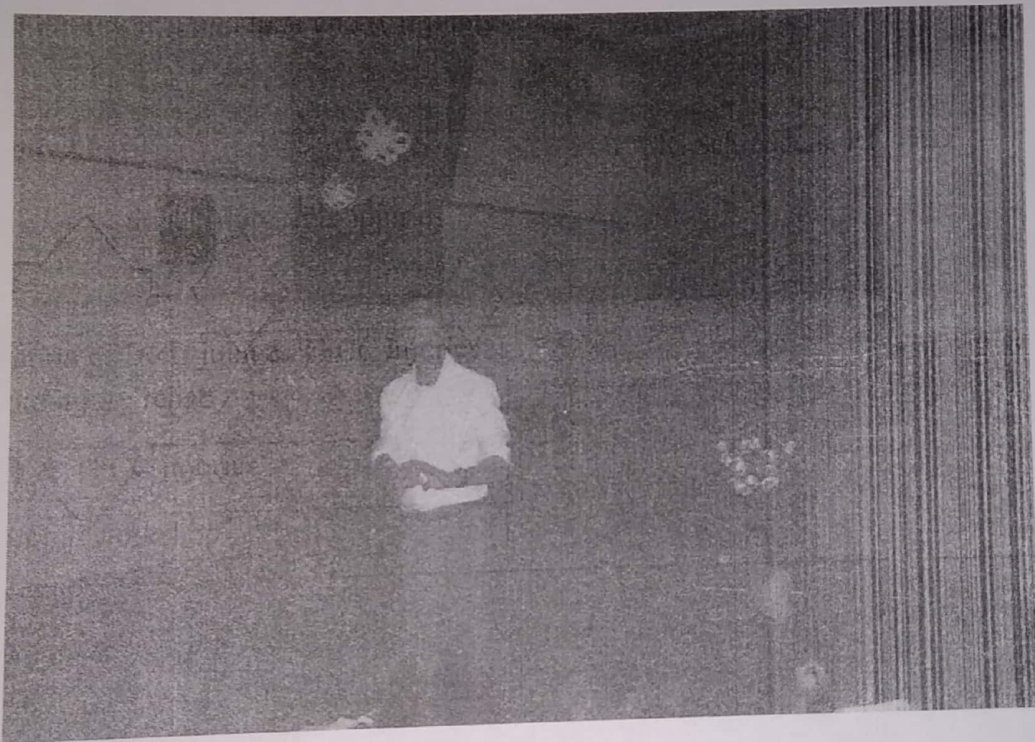
Two-day workshop provided the most up-to-date information on the assessment and treatment of various hand related conditions including post-surgical hand rehabilitation, hand splinting, mirror therapy etc.



Topic	Moderator
Basic anatomy of forearm and hand	Jakson K Joseph MPT, JSS College of Physiotherapy ,Mysuru
Surgical aspects of tendon repair, indications and precautions for hand rehab	Dr .Vijay Department of plastic surgery, JSS Hospital ,Mysuru
Post-operative management of flexor tendon repair	
Post-operative management of extensor tendon repair	



Theory Splinting: tendon repair and stiff joints	Dr. Ton A.R. Schreuders, PT, PhD
Workshop Muscle testing in hand rehab Rehabilitation of upper limb nerve injuries	
Rehabilitation of DRU joint & TFCC injuries , Volar plate injury rehab	
DRU joint & TFCC injuries	
Hand splinting workshop	



Certificates and materials were given to all delegates. During the time Dr. Vijay ,Plastic surgeon, HOD, Department of plastic surgery, JSS Medical college given talk regarding the hand surgeries and Mr. Jakson .K Joseph, Lecturer, JSSCPT given a talk on anatomy of hand. The registration fee was Rs.1000/-Hands on workshop with all material requirement given to delegates .Snacks and Lunch provided for the delegates during the workshop.



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E-mail: jsscpt@jssonline.org

Workshop- Report

Topic: Hand Therapy.

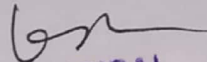
Resource person: Kamaraj devapitchai

Date: 06/08/2015

Venue: JSS school of Nursing class room.

Total Number of registrants: 44

Formal inauguration was done by Dr. Kavitha Raja, Principal ,JSSCPT. There were 44 delegates from JSSCPT. Hands on training on splint making were done. The main objective of the workshop was to give introduction of hand therapy protocols and principles of hand splinting.


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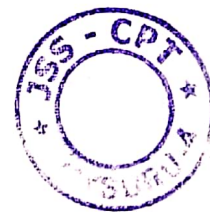
JSS COLLEGE OF PHYSIOTHERAPY

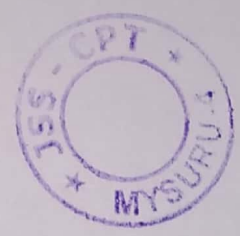
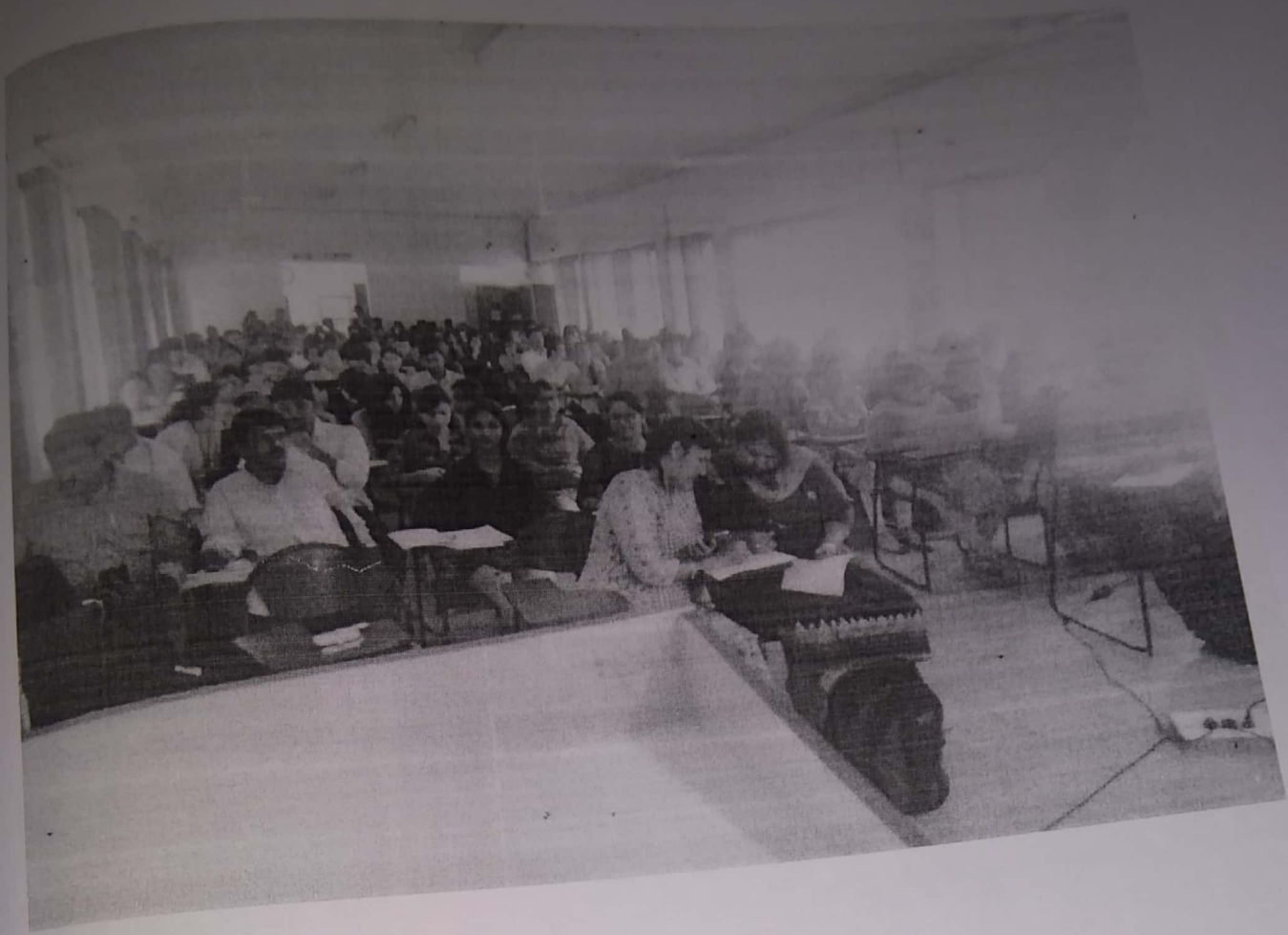
LIBRARY

WORKSHOP: HOW TO ACCESS HELINET

JSS College of Physiotherapy ,Library as conducted HOW TO ACCESS HELINET RESOURCES in our college on 09 th NOVEMBER 2017 Mrs. VIJAYA TAURO Assistant Librarian, working in Rajive Gandhi Health University, As a guest Lecturer to give a talk on the topic HOW TO ACCESS HELINET RESOURCES for our students. The Schedule Programme will be held on 9th November . In Library hall at JSS College of Physiotherapy. Time 10.00 A.M to 2.00 P.M. Mrs. Suvarna Asst. Librarian welcome the guest and Akshiya from IIIrd year student key note the guest and Mrs. VIJAYA TAURO deliver the talk and Practical classes. Poornima from Clinical Key .and Sathish from Elsevier deliver the lecture and practical classes. and Journals and books how to download and Import and export from the website. Mendley software. It is helpful to our students. what are the resources to required. Briefly explained for the students. and Vote of thanks by . Anna from fourth year student.


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► Seminar on Intellectual Property Rights

7-8 May 2018

► JSS College of Physiotherapy ► 07-May-18

Committee

- Chief Patron : His Holiness Sri Shivarathri Desikendra Mahaswamigalu
- : Shri R Mahesh, Director of Medical Education
- Advisory Committee : Dr. Kavitha Raja, Principal , JSSCPT
- Organizing committee : Ms Renuka Devi & Vijay Samuel
- Stage Committee : Mr. Sandeep and Mr. Nityal
- Reception Committee : MrPrashanth V M & Mr.Md Asif
- Hospitality (Inauguration): Ms Sharvani



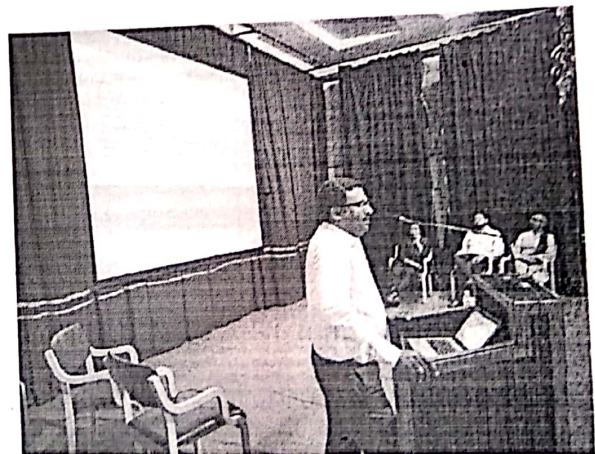
Seminar on Intellectual Property Rights

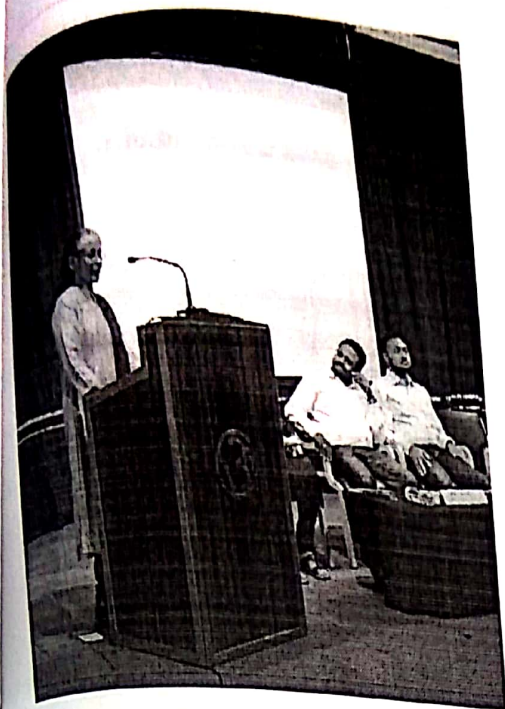
**ORGANIZED BY JSS COLLEGE
OF PHYSIOTHERAPY MYSORE
ON 07/05/2018 AT SRI RAJENDRA
AUDITORIUM, MG ROAD**

The Faculty Development committee on JSS College of Physiotherapy organized a seminar on Intellectual Property Rights on 7th May 2018 in Sri Rajendra Auditorium, MG Road. The resource person was Mr. Arjun Bala, Managing Partner, Metayage IP Strategy consulting LLP & Certified Patent Valuation Analyst, Patent Attorney, Bangalore.



Keynote address was proposed by Mr Jagadish A T, Assistant Professor, JSS Law College, Mysore who elaborated the audience on the topic of Intellectual Property Rights.



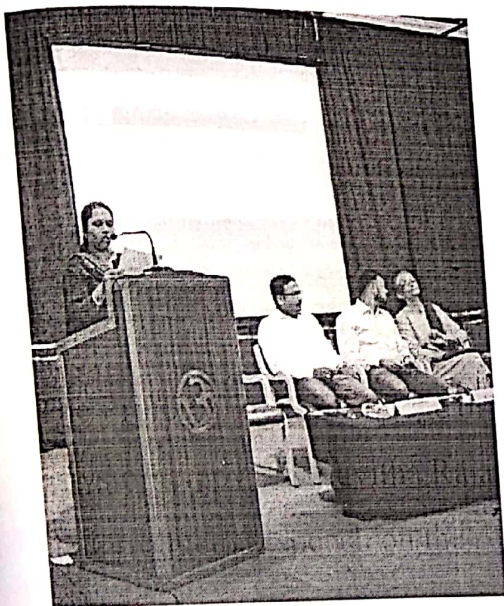


Development Coordinator introduced
the resource person

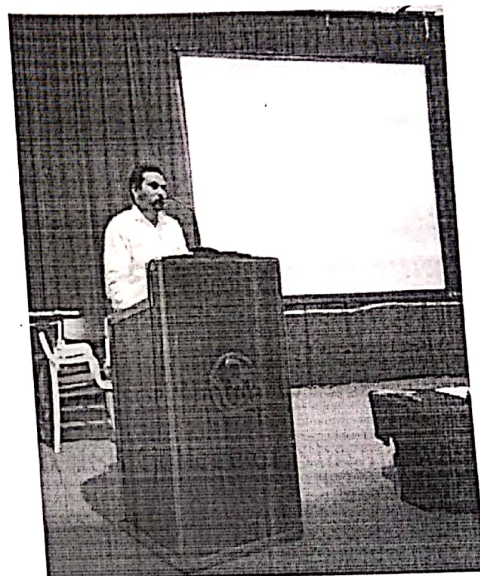


The Principal of JSS College of
Physiotherapy, Dr Kavitha Raja, gave
an introductory speech on the seminar

Professor Sheela Williams, Principal
of JSS College of Nursing was also
present.



Mrs. Renuka Devi, Associate
Professor , JSSCPT and Faculty

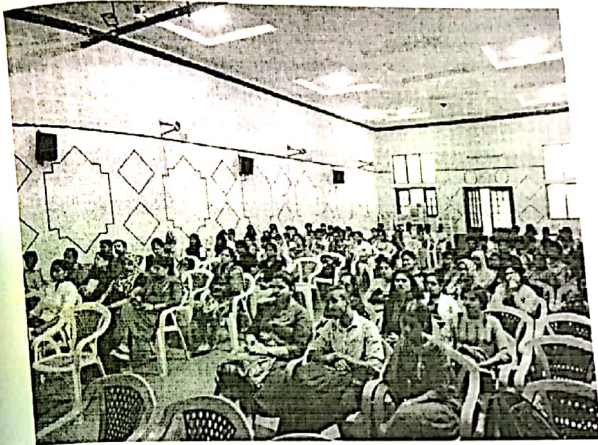


The programme was co-ordinated by
Mr Vijay Samuel Raj, Lecturer,
JSSCPT.



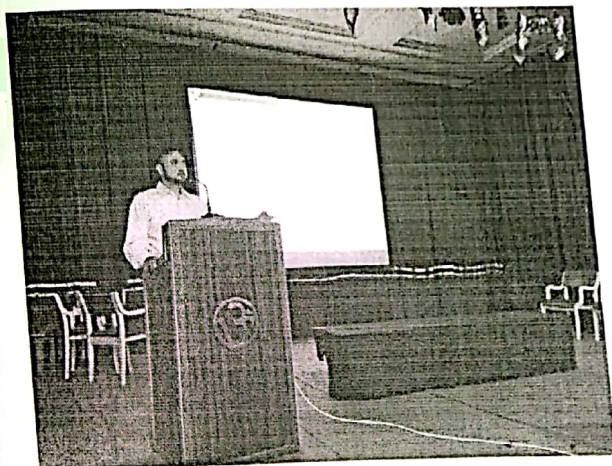


The vote of thanks was proposed by Mr Prashanth V M, Lecturer.



There were a total of 36 participants from the sister institutions of JSS Institute of Speech and Hearing, JSS School of Nursing and JSS College of Nursing as well as participants from other colleges of Mysore. The seminar gave a lot of information on what all aspects come under the topic, what are the legal issues and the claws while considering copyrights, patent and performing research.

The Seminar concluded with an interactive session with active participation of delegates.



Mr. Arjun Bala, resource person presented the session with insight on IPR, types, benefits and the need.



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JSS College of Physiotherapy
Ramanuja Road, Mysuru-05



JSS MAHAVIDYAPEETHA

JSS COLLEGE OF PHYSIOTHERAPY

RAMANUJA ROAD, MYSORE-570004

Phone No: 0821- 2548234

E-mail: jssept@jssonline.org

Workshop- Report

Topic: Laban Movement analysis.

Resource person: Smt. Tanvi

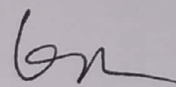
Date: 17-21 November 2013

Venue: JSS College of Physiotherapy class room.

Total Number of registrants: 11

Formal inauguration was done by Dr. Kavitha Raja, Principal, JSSCPT.

There were 11 delegates from JSSCPT. Certificates were distributed.


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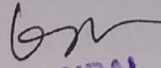
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Workshop- Report

Topic: Role of LASER in diabetic neuropathy.

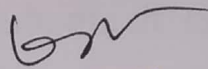
Resource person: Dr. Snehil Dixit

Date: 14/11/2013

Venue: JSSCPT class room .

Total Number of registrants: 16

The main objective of this workshop was to discuss the role of LASER in clinical practice to manage diabetic neuropathy. Demonstration of LASER therapy was also done. PG students of JSS CPT were the delegates.


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Phone No: 0821- 2548234

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Workshop- Report

Topic: Manual therapy for Lumbar spine

Resource person: Dr. Prem Venkatesan

Date: 25/10/2014

Venue: JSS CPT Demonstration hall.

Total Number of registrants: 20

It was a one day workshop which had both lecture and practical sessions. The UG and PG students of JSSCPT had attended the workshop. Hands on training of basic manual therapy techniques were given.


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Workshop- Report

Topic: Neurodynamics & Neural tissue mobilization

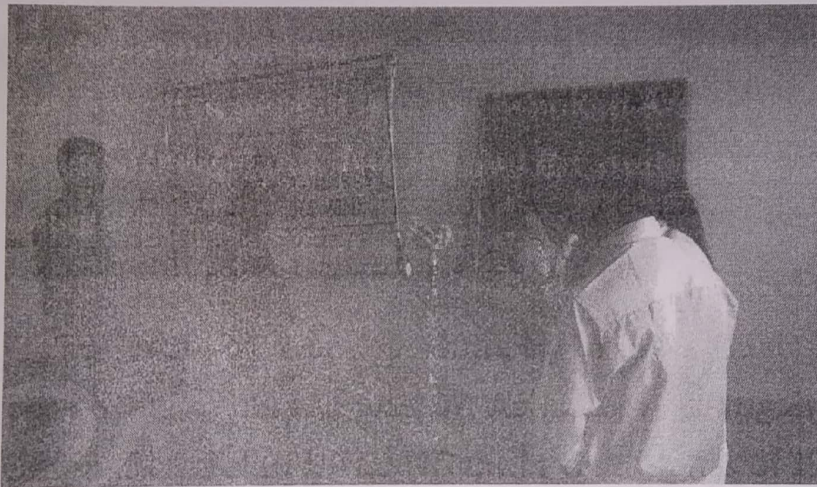
Resource person: Dr. Ashokan Arumugam

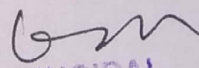
Date: 10/01/2015

Venue: JSS College of Physiotherapy demoroom.

Total Number of registrants: 20

Formal inauguration was done by Dr. Kavitha Raja, Principal, JSSCPT. The resource person was Dr. Ashokan Arumugam, PhD, University of Otago, New Zealand. The UG and PG students of JSSCPT were the delegates.




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Workshop- Report

Topic: Using "R" Statistical package

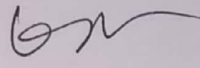
Resource person: Dr. Asha Kamath & Dr Vasudev

Date: 28th and 29th September 2013

Venue: JSS Hospital auditorium.

Total Number of registrants: 40

The workshop was inaugurated by Dr. Kavitha Raja, Principal , JSSCPT. Dr. Asha Kamath & Dr Vasudev were the resource persons for the two days' workshop. The PG & UG students of JSSCPT, JSS College of Nursing were the delegates. Certificate for the participants were distributed.


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JSS College of Physiotherapy
STROKE HAND REHABILITATION

Workshop on stroke hand rehabilitation conducted on February 18th, 2017 in JSS College of Physiotherapy, Mysore. Program schedule of the event as follows.

Venue : Seminar hall 2, 2nd Floor, JSS College of Physiotherapy.

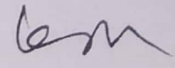
9 AM – 10 AM	Recovery of stroke	Mrs. Annie Thomas
10 AM – 11 AM	Motor control assessment	
	Break	
11 30 AM – 1 PM	Stroke hand functional assessment	Mr. Vasanthan
	Lunch Break	
2PM – 3 30PM	Stroke hand Management – 1	Mr. Vasanthan
	Break	
4PM – 5PM	Stroke hand Management – 2	Mr. Vasanthan

Key resource person : **Mr. R. Vasanthan**, P.T. PhD Scholar, Manipal university, Coauthor of book: Stroke Rehabilitation - A Functional activity based approach. Stroke Expert Panel Member and Indian collaborator, Global burden of disease project. Co-founding member, Center for Evidence based neurorehabilitation Translation team member, Cochrane Evidence Summary in Indian language. Shastri Indo Canadian visiting scholar to McGill University Canada. National invited speaker and workshop resource person on Functional task oriented stroke rehabilitation and Evidence based practice.

Recourse person 2 : **Mrs. Annie Thomas**, Associate professor, JSS College of Physiotherapy.

Benefitted group is practicing physiotherapist, students of BPT 3rd and 4th Year, Interns and MPT. Total 62 Registrants are participated for the workshop. Workshop included practical hands on stroke hand rehabilitation training by Mr. Vasanthan. Very good response received from the participants.




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Workshop- Report

Topic: Using Mendeley.

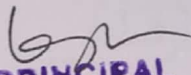
Resource person: Srilatha , PhD Scholar, Manipal university

Date: 19/09/2015

Venue: JSS college of Nursing digital library.

Total Number of registrants: 22

The workshop was inaugurated with a formal introduction about the speaker by Dr. kavitha Raja. The main objective of the workshop was to give an insight on mendeley software in research process. The faculty of JSS CPT, JSS College of nursing were the delegates. The study materials were given to all delegates.


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22 RICPE

Report on Webnair conducted on Basics of Musculoskeletal examination

1. Topic name: "The Basics of Musculoskeletal examination" from a manual therapist perspective.

About Presenter:

Name : Dr. Ashokan Arumugam PT.Phd
Post Doctoral Research fellow
Dept of community medicine and Rehabilitation
Physiotherapy unit
Sweden.

Field of specialisation : Orthopaedic physical therapy
Clinical biomechanics/kinesiology

Qualification : Doctor of Philosophy, School of Physiotherapy,
University of Otago.
: Masters of Physiotherapy(orthopaedics and manual
therapy) , Manipal university, Karnataka, India

Venue : JSS college of physiotherapy ,
Mysore.

Mode of presentation : Webnair – ZOOM Online presentation

Date and Time : 26 November 2016, 4:30 IST and 12:00 PM GST

Audience present for the session: Both I MPT and II MPT students from JSS college of Physiotherapy

S.NO	I MPT STUDENTS	II MPT STUDENTS
1	Praicy Mathew	Dheerga lakshmi
2	Anitha	Bijo George
3	Subin	Hming
4	Suha shakeel	Shalini BS
5	Umakrishnan	Komal Krishna
6	Binraj	Jithin david
7		Yeshaswini
8		Poojitha sekhar

Duration of lecture: From 4:30 PM IST to 5:35 PM IST, 26th November 2016.

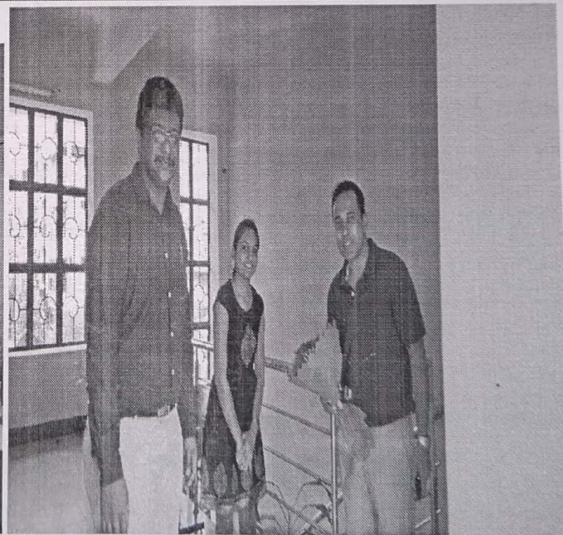
Summary : The lecture started at 4:30 PM and the topic and book of reference was given to students prior the start of the session. The session was on Subjective



examination and pain evaluation Physiotherapy Assessment. Presenter explained IASP taxonomy of Pain and the evaluation of each in detail. The Presenter has a good knowledge on the subject and explained concepts to students interestingly. The approach to students and willing to clarify the doubts raised by students.

Conclusion of session : The session was concluded at 5:35 PM IST and the topic was completed till Irritability of Pain assessment.

Feedback forms were distributed to students for documentation .



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